Нура Нура

級數: Improver Polka

編舞者: Team BayWü (DE) - September 2021

音樂: Hypa Hypa (feat. The BossHoss) - Eskimo Callboy

Dance starts after 32 Counts

拍數: 32

S1: Shuffle Diag fwd R/L, Rock Step, Out-Out, Toe Lift RF step diagonally fwd 1 & LF step next to RF 2 RF step diagonally fwd 3 LF step diagonally fwd & RF step next to LF 4 LF step diagonally fwd 5 RF step fwd /w weight on RF 6 Change weight back to LF & RF step R 7 LF step L lift both Toes/standing on your Heels & 8 Toes back down NOTE: Armmovements on Counts 1-4 Swing your Right Arm over your Head like a Lasso

S2: Cross Rock, Shuffle Turn ¼ R, Kick & Point L/R

- 9 RF cross over LF /w weight on RF
- 10 Change weight back to LF
- 11 RF step R
- & LF step next to RF
- 12 RF step fwd /w ¼ turn R (3 O'Clock)
- 13 LF kick fwd
- & LF step next to RF
- 14 RF point Toe to R
- 15 RF kick fwd
- & RF step next to LF
- 16 LF point Toe to L

TAG 1: AFTER WALL 2

Out-Out-In-In, Step 1/2 turn L 2x

- 1 RF step diagonally fwd
- 2 LF step diagonally fwd
- 3 RF step back
- 4 LF step next to RF
- 5 RF step fwd
- 6 ¹/₂ turn L on both Feet (6 O'Clock)
- 7 RF step fwd
- 8 1/2 turn L on both Feet (12 O'Clock)

NOTE: For the Step Turns do the Lasso Armmovements again.

S3: Rock Step, Triple Turn 1 ¼ L, Jazz Box, Stomp, Swivel

- 17 LF step L /w weight on LF
- 18 Change weight back to RF
- 19 LF step fwd /w ½ turn L (9 O'Clock)





牆數:2

- & RF step back /w ½ turn L (3 O'Clock)
- 20 LF Step L /w ¼ turn L (12 O'Clock)
- 21 RF cross over LF
- 22 LF step back
- 23 RF stomp R
- & Turn Right Heel to L & Left Toe to R
- 24 Turn back to Center

NOTE: If the Triple Turn is to fast for you, you can do a Shuffle 1/4 turn to 12 O'Clock as a VARIATION.

S4: Rock Step, Shuffle $\frac{1}{2}$ turn R, Rock Step, Coaster Step

- 25 RF step fwd /w weight on RF
- 26 Change weight back to LF
- 27 RF step R /w ¼ turn R (3 O'Clock)
- & LF step next to RF
- 28 RF step fwd /w ¼ turn R (6 O'Clock)
- 29 LF step fwd /w weight on LF
- 30 Change weight back to RF
- 31 LF step back
- & RF step next to LF
- 32 LF step fwd

TAG 2: AFTER WALL 8

Step 1/2 turn L 2x

- 1 RF step fwd
- 2 ¹/₂ turn L on both Feet (6 O'Clock)
- 3 RF step fwd
- 4 ¹/₂ turn L on both Feet (12 O'Clock)

NOTE: For the Step Turns do the Lasso Armmovements again.

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