

# Don't Shut Me Down

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 2      級數: Improver  
編舞者: Annette Lapp (DK) - September 2021  
音樂: Don't Shut Me Down - ABBA : (Album: Single - iTunes)



Intro: 64 count

It's a long intro. You can wait or you can do following after 16 count, 3 times:

Side together, side together right and left.

Walk forward right, left right, touch, walk back left, right, left, touch

The main dance:

**Run, Run, Run on The Spot, ¼ turn Left Chasse, Back Rock, ¼ Turn Right, Tap Left in Front**

1 & 2      Run right, left, right on the spot  
3 & 4      Turn ¼ to the left stepping left to left, step right beside left, step left to left  
5 - 6      Rock right back, recover on left  
7 - 8      ¼ turn right stepping right back, tap left in front of right and snap fingers

**Step Touch, Shuffle Forward, Heel Switches, Forward Rock, Recover**

1 - 2      Step left forward, step right beside left  
3 & 4      Step left forward, touch right beside left, step left forward  
5 & 6 &      Touch right heel forward, step right beside left, step left heel forward, step left beside right  
7 - 8      Rock right forward, recover onto left

**Chasse Right, ¼ Turn Right with Back Rock, ½ Turn Shuffle Left, Back Rock**

1 & 2      Step right to right, step left beside right, step right to right  
3 - 4      ¼ turn right stepping left back, recover onto right  
5 & 6      1/4 turn left stepping left to left, right beside left, ¼ turn left stepping left back  
7 - 8      step right back, recover onto left

**Right Diagonal Forward, Touch, Left Diagonal Shuffle Back, Right Diagonal Back, Touch, Left Diagonal Forward with ¼ Turn Left (a sort of "K - Step" with ¼ turn)**

1 - 2      Step right diagonally forward, touch left beside right  
3 & 4      Step left diagonally back, step right beside left, step left back  
5 - 6      Step right diagonally back, touch left  
7 & 8      ¼ turn left stepping left to left, step right beside left, step left to left

Restart on wall 1 and 6 after 16 count (12.00)

Ending: You end the dance on wall 6. (06.00) Make an unwind and pose...

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