

Rough Boy

拍數: 32 牆數: 4 級數: Intermediate
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音樂: Rough Boy - ZZ Top : (CD: The Very Baddest of ZZ Top)



Starting point: As the steady beat starts, at about 0:18.

Note: There are two restarts in the dance, after count 16 on walls 4 and 7. And there is a 4-count tag after wall 5. There are different versions of this song, 3:40 and 4:51. The song fits either version fine.

SWEEP, STEP, ANCHOR STEP, STEP, STEP, 1/2 LEFT WITH A SWEEP, STEP TOGETHER

1-2 Sweep right from front to back, step right behind left
3&4 Step left behind right, step right in place, step left in place
5-6 Step forward right, step forward left
7-8 Turn 1/2 to left while stepping right back and sweeping left from front to back, step left next to right

STEP, STEP, BALL CROSS, 3/4 UNWIND, SIDE STEP, HIP ROLL

1-2 Step right forward, step left forward
&3-4 Step right forward, turn 1/4 to left and step left across right, unwind 3/4 to right (you're now facing 6:00), step left to left side and begin the hip roll
5-8 Roll your hips counterclockwise for 4 counts (weight ends up on left)

Note: Here is where the restart comes on walls 4 and 7. During those walls you can do a hitch with your right foot on count 8 if you want to accent the music better.

1/2 RIGHT TURNING LOCK STEPS, SWEEP, STEP ACROSS, SYNCOPATED SCISSOR STEP, SIDE STEP, STEP TOGETHER

1&2&3 Step right forward, lock left behind right, step right forward, lock left behind right, step right forward
4 Sweep left from back to front
5&6& Step left across right, step right to right side, step left next to right, step right across left
7-8 Step left to left side with a slightly bigger side step, step right next to left

Note: With counts 1-3 you'll turn 1/2 to right.

STEPS FORWARD, ANCHOR STEP, STEP, 1/4 RIGHT TURNING POINT, WEIGHT TRANSFER

1-2 Step left forward, step right forward
3&4 Step left behind right, step right in place, step left in place
5-6 Step right forward, turn 1/4 to right and point left to side
7-8 Transfer weight to left foot over two counts

Note: The transfer on the counts 7-8 can be the way that you "melt" to the left foot, you can do a snake roll or a body roll or just a simple weight transfer. Whatever suits you best.

RESTART

TAG (after wall 5):

FULL UNWIND

1-4 Step right over left, unwind a full turn for 3 turns (weight ends up on left).