

One Plus One

COPPER KNOB
BY STEPHEN T. S.

拍數: 32 牆數: 4 級數: Improver
編舞者: Bambang Satiyawan (INA) - September 2021
音樂: 1+1 (feat. Yandel & Sofía Reyes) (Banx & Ranx Remix) - Sia



Start dance on beat music (after 48 counts),

SECTION I. CROSS-SIDE-SAILOR-CROSS TOUCH-SIDE TOUCH-TURN ¼ LEFT AND COASTER STEP

1 - 2 Cross R over L, Step L to side
3 & 4 Cross R behind L, Step L to side, Step R to side
5 - 6 Touch R cross over R, Touch R to side
7 & 8 Turn ¼ Step L back, Close R beside L, Step L forward

SECTION II. FORWARD MAMBO-BACK MAMBO-MODIFIDE PIVOT ½ LEFT-BACK SHUFFLE

1 & 2 Step R forward, Step L in place, Step R back
3 & 4 Step L back, Step R in place, Step L forward
5 - 6 Step R forward, Turn ½ left weight still on R
7 & 8 Step L back, Lock R over L, Step L back

SECTION III. BACK ROCK RECOVER-TRAVELING TURN-FORWARD LOCK SHUFFLE-FORWARD ROCK RECOVER- TURN ¼ LEFT AND SIDE STEP

1 - 2 Rock R back, Recover on L
3 - 4 Turn ½ left Step R back, Turn ½ left Step L forward
5 & 6 Step R forward, Lock L behind R, Step R forward
7 & 8 Rock L forward, Recover on R, Turn ¼ left Step L to side

SECTION IV. HEEL JACK-CROSS SHUFFLE-SWEEP AND JAZZ BOX TURN ¼ LEFT

1 & 2& Cross R over L, Step L to side, Point R diagonal forward, Close R beside L
3 & 4& Cross L over R, Step R to side, Point L diagonal forward, Close L beside R
5 & 6& Cross R over L, Step L to side, Cross R over L, Slightly Sweep L forward
7 & 8 Cross L over R, Turn ¼ left Step R back, Step L to side

No Tags & No Restarts,

Enjoy the dance,

Contact person : bambang.1709@gmail.com