

Don't Shut Me Down

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Intermediate
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音樂: Don't Shut Me Down - ABBA



#16 Count Intro / Approx 48 Secs

[01 - 08]: Step, Point, Step, Point, Cross, ½ Hinge Turn, Touch

1-2 Step right forward, point left to left
3-4 Step left forward, point right to right
5 Cross right over left
6-7 Turn ¼ right step left back, turn ¼ right step right to right (6:00)
8 Touch left beside right

[09 - 16]: Syncopated Lock Steps, ¼ Walk Around, ¼ Shuffle

1&2 Step left forward, lock right behind left, step left forward
&3& Step right forward, lock left behind right, step right forward
4& Step left forward, lock right behind left
5-6 Turn ⅛ left step left forward, turn ⅛ left step right forward (3:00)
7&8 Turn ¼ left step left forward, step right beside left, step left forward (12:00)

Restart Here on Wall 5

[17 - 24]: Syncopated Rocks, Back, Back, Coaster Step

1-2& Rock right forward, recover weight onto left, step right beside left
3-4& Rock left forward, recover weight onto right, step left beside right
5-6 Step right back, step left back
7&8 Step right back, step left beside right, step right forward

[25 - 32]: Step ½ Pivot, Shuffle, Step Full Spiral, Shuffle

1-2 Step left forward, turn ½ right transferring weight onto right (6:00)
3&4 Step left forward, step right beside left, step left forward
5-6 Step right forward, spiral full turn left hooking left over right
7&8 Step left forward, step right beside left, step left forward
