拍數： 96
牆數： 1
級數：Phrased Improver
編舞者：Philip Yong（SG）－September 2021
音樂：Shi Lian Zhen Xian Lian Meng（失恋阵线联盟）－Grasshopper（草蜢）

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Intro : 32 counts in (Approx 0.17 sec)
Sequence : ABB+CB Tag ABB+CB Ending
Part A (32 counts)
#A1 (1-8) R Back Rock & Recover, R Forward Shuffle, L Forward Rock & Recover, L Back Shuffle
1-2 Rock RF back (1), recover weight on LF (2) 12.00
3&4 Step RF forward (3), step LF next to RF (&), step RF forward (4) }12.0
5-6 Rock LF forward (5), recover weight on RF (6) 12.00
7&8 Step LF back (7), step RF next to LF (&), step LF back (8) }12.0
#A2 (9-16) R Side Rock & Recover, R Triple Steps, L Side Rock & Recover, L Triple Steps
1-2 Rock RF to R side (1), recover weight on LF (2) 12.00
3&4 Step RF-LF-RF in place (3-&-4) }12.0
5-6 Rock LF to L side (5), recover weight on RF (6) 12.00
7&8 Step LF-RF-LF in place (7-&-8) 12.00
#A3 (17-24) R Pivot 1⁄2 (L), R Forward Shuffle, L Pivot 1⁄2 (R), L Forward Shuffle
1-2 Step RF forward (1), turn 1/2 L over L shoulder (2) 6.00
3&4 Step RF forward (3), step LF next to RF (&), step RF forward (4) 6.00
5-6 Step LF forward (5), turn 1⁄2 R over R shoulder (6) }12.0
7&8 Step LF forward (7), step RF next to LF (&), step LF forward (8) }12.0
\＃A4（25－32）R－L Forward Toe Struts，Back Jump，Hold，Back Jump，Hold
1－4 Touch \(R\) toes forward（1），step RF in place（2），touch \(L\) toes forward（3），step LF in place（4） 12.00
5－8 Jump both feet back（5），hold（6），jump both feet back（7），hold（8） 12.00
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## Part B（32 counts）

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\＃B1（1－8）Hand Pull，R－L Sway，Hand Pull
1－2 Pull both hands down facing \(R\) diagonal（1－2） 1.30
3－4 Pull both hands down facing \(L\) diagonal（3－4） 10.30
5－6 Sway hips to R side（5），sway hips to L side（6） 12.00
7－8 Pull both hands down facing R diagonal（7－8） 1.30
\＃B2（9－16）Hand Pull，L－R Sway，Hand Pull
1－2 Pull both hands down facing \(L\) diagonal（1－2） 10.30
3－4 Pull both hands down facing \(R\) diagonal（3－4） 1.30
5－6 Sway hips to \(L\) side（5），sway hips to \(R\) side（6） 12.00
7－8 Pull both hands down facing \(L\) diagonal（7－8） 10.30
\＃B3（17－24）R－L Forward Toe Struts，R Side，Hold，L Close，Hold
\begin{tabular}{ll}
\(1-4\) & Touch \(R\) toes forward（1），step RF in place（2），touch \(L\) toes forward（3），step LF in place（4） \\
\(5-8\) & 12.00 \\
& Step RF to \(R\) side（5），hold（6），close LF beside RF（7），hold（8） 12.00
\end{tabular}
\＃B4（25－32）R Rocking Chair，R Side Point，Hold，R Close，Hold
1－4 Rock RF forward（1），recover weight on LF（2），rock RF back（3），recover weight on LF（4） 12.00
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| Part B+ (32 counts) <br> \#B+1 (1-8) L Side, Hold, R Close, Hold, L Side, R Together, L Side, R Touch |  |
| :---: | :---: |
|  |  |
| 1-4 | Step LF to L side (1), hold (2), close RF beside LF (3), hold (4) - swing both hands to L side 12.00 |
| 5-8 | Step LF to $L$ side (5), close RF beside LF (6), step LF to $L$ side (7), touch $R$ toes beside LF (8) 12.00 |
| \#B+2 (9-16) R Side, Hold, L Close, Hold, R Side, L Together, R Side, L Close |  |
| 1-4 | Step RF to R side (1), hold (2), close LF beside RF (3), hold (4) - swing both hands to R side 12.00 |
| 5-8 | Step RF to $R$ side (5), close LF beside RF (6), step RF to $R$ side (7), close LF beside RF (8) 12.00 |
| \#B+3 (17-24) R-L Cross Points, R-L Back Points |  |
| 1-4 | Cross RF over LF (1), point $L$ toes to $L$ side (2), cross LF over RF (3), point $R$ toes to $R$ side (4) 12.00 |
| 5-8 | Cross RF behind LF (5), point $L$ toes to $L$ side (6), cross LF behind RF (7), point $R$ toes to $R$ side (8) 12.00 |
| \#B+4 (25-32) R Toe-Heel Steps, R Touch, Hold |  |
| 1-6 | Touch $R$ toes beside LF (1), touch R heel beside LF (2) and repeat these steps for 3 times (3-4-5-6) 12.00 |
| 7-8 | Touch R toes beside LF (7), hold (8) 12.00 |
| Part C (32 counts) |  |
| \#C1 (1-8) R Grapevine, L Touch, ½ (R) with L Grapevine, R Touch |  |
| 1-4 | Step RF to $R$ side (1), cross LF behind RF (2), step RF to $R$ side (3), touch $L$ toes beside RF (4) 12.00 |
| 5-8 | Turn $1 / 2 R$ stepping $L F$ to $L$ side (5), cross $R F$ behind $L F$ (6), step $L F$ to $L$ side (7), touch $R$ toes beside LF (8) 6.00 |
| \#C2 (9-16) R Grapevine, L Touch, ½ (R) with L Grapevine, R Touch |  |
| 1-4 | Step RF to R side (1), cross LF behind RF (2), step RF to R side (3), touch L toes beside RF (4) 6.00 |
| 5-8 | Turn $1 / 2 R$ stepping $L F$ to $L$ side (5), cross $R F$ behind $L F$ (6), step $L F$ to $L$ side (7), touch $R$ toes beside LF (8) 12.00 |
| \#C3 (17-24) R Kick Ball Change X2, V Step |  |
| 1-4 | Kick RF forward (1), step RF-LF in place (\&-2), kick RF forward (3), step RF-LF in place (\&-4) 12.00 |
| 5-8 | Step RF forward to R diagonal (5), step LF forward to L diagonal (6), step RF back (7), step LF back (8) 12.00 |
| \#C4 (25-32) Hand Movements, Jump, Hold |  |
| 1-4 | Dip $R$ hand in front of chest (1), turn and pull out to $R$ side (2), dip $L$ hand in front of chest (3), turn and pull out to $L$ side (4) 12.00 |
| 5-6 | Jump both feet back (5) - place both hands together like praying, hold (6) 12.00 |
| 7-8 | Jump both feet back X2 (7-8) - place both hands together like praying 12.00 |
| Tag (32 counts) |  |
| \#T1 (1-8) Hand Movements |  |
| 1-4 | Raise / Throw $R$ hand up (1), hold (2), drop $R$ hand (3), hold (4) 12.00 |
| 5-8 | Dip $R$ hand in front of chest (5), turn and pull out to $R$ side (6), dip $R$ hand in front of chest (7), turn and pull out to $R$ side (8) 12.00 |

1-4 Raise / Throw $L$ hand up (1), hold (2), drop L hand (3), hold (4) 12.00
5-8 Dip $L$ hand in front of chest (5), turn and pull out to $L$ side (6), dip $L$ hand in front of chest (7), turn and pull out to $L$ side (8) 12.00
\#T3 (17-24) R Side, Hold, L Back Rock \& Recover, L Side, Hold, R Back Rock \& Recover
1-4
Step RF to R side (1), hold (2), rock LF back (3), recover weight on RF (4) 12.00
5-8
Step LF to L side (5), hold (6), rock RF back (7), recover weight on LF (8) 12.00
\#T4 (25-32) R Paddle Full Turn (L) with Hold
1-4
Turn $1 / 4 L$ pointing $R$ toes to $R$ side (1), hold (2), turn $1 / 4 L$ pointing $R$ toes to $R$ side (3), hold (4) 12.00

5-8 Turn $1 / 4 L$ pointing $R$ toes to $R$ side (5), hold (6), turn $1 / 4 L$ pointing $R$ toes to $R$ side (7), hold (8) 12.00

Ending (16 counts)
\#E1 (1-8) R Side Rock \& Recover, R Forward Rock \& Recover, Jump Back with Hold
1-4 Rock RF to $R$ side (1), recover weight on LF (2), rock RF forward (3), recover weight on LF (4) 12.00
\&5-6 Jump both feet back (\&-5) - place both hands together like praying, hold (6) 12.00
7-8 Jump both feet back X2 (7-8) - place both hands together like praying 12.00
\#E2 (9-16) R Jazz Box, Hand Movements
1-4 Cross RF over LF (1), step LF back (2), step RF to R side (3), step LF forward (4) 12.00
5-8 Dip $R$ hand in front of chest (5), turn and pull out to $R$ side (6), dip both hands in front of chest (7), throw both hands out (8) 12.00

