Omega Dance

拍數: 32

級數: Intermediate Smooth NC

牆數:2 編舞者: Andrés de la Rubia Albertí (ES) - September 2021

音樂: The Courage of Love - Garth Brooks

Note: I recommend starting after the first verse 45 seconds

[1-7] Cross Basic back, Chaine right (with hitch), Sailor left

- 12&3 Rf diagonal back, cross Lf over Rf, Rf back, Lf side left
- 4&5 Rf ¼ turn right(4), ¾ turn right with hitch, Rf to the right
- 6&7 Lf behind Rf, Rf to the right, Lf to the left

[8-15] Steps turn, side, Cross, side, back, sweep, side, step foward 1/8 turn left, Rock, recover, back

- 8&1 Rf ¼ turn right, Lf ¼ turn right, Rf to the right
- 2&3 Lf cross over Rf, Rf to the right, Lf big step back
- 4&5 Rf cross behind Lf,Lf to the left, Rf foward 1/8 turn left
- 6&7 Lf foward, recover weight Rf, Lf big step back

[16-23] Spin right, 1/8 side with hands right and Sway, Center, Sways R&L ,center, sways L&R

- 8&1 Full turn right foward, Lf back ,Rf 1/8 turn right
- 2&3 Recover weight center, Sway right &left (hands: chest, right, left)
- 4&5 Recover weight center, Sway left&right (hands: chest,left,right)
- 6&7 Lf diagonal right foward, recover weight Rf, sweep Lf back

[24-32] Rock diagonal, recover, sweep, steps back, 1/2 turn right, Diamond 3/8 right, Chaine left, basic left

- 8&1 Rf back, Lf back, Rf ¹/₂ turn right
- 2&3 Lf back, Rf back, Lf 1/8 turn right
- 4&5 Rf 1/8 foward, Lf foward, Rf 1/8 right (6:00)
- 6&7 Lf ¼ turn left, Rf beside Lf ¾ turn left, Lf to the left
- 8& Rf behind Lf, Lf cross over Rf

Tag: (1,4 and 7 wall)

- [1-2&] Side, Sway, slide
- 1 2& Rf to the right with Sway, drag Rf together Lf (2&)

Note: on the seventh wall we will repeat the tag twice

Restarts: (3 and 6 wall) count 16 on 3^a and count 8 on 6^a wall

