

People Help The People

COPPER KNOB
STEPSHEETS

拍數: 56 牆數: 2 級數: Phrased Advanced NC2S
編舞者: Travis Taylor (AUS) - May 2013
音樂: People Help the People - Birdy : (Album: Birdy - iTunes)



Intro: Starts on vocal - Sequence A, A, B, A, A, B, A, A (16 with Restart), A, B

PART A: 32 COUNTS

FWD SWEEP, CROSS, 1/4L, SIDE DRAG, CROSS, 1/4R, 1/2R, FWD ROCK, 1/2R, FULL TURN L

1 Step R FWD sweep L around
2&3 Cross Lover R, 1/4L step R back, Step L to L drag R (9:00)
4&5 Cross Rover L, 1/4R step L back, 1/2R step R FWD (6:00)
6&7 Rock FWD L, Replace wt R, 1/2L Step L FWD (12:00)
8& 1/2L step R back, 1/2L step L FWD (12:00)

1/4L, BACK ROCK (1/4L BASIC NCLUB), 1/4R, 3/8L, FWD SHUFFLE, 1/4L HITCH, FWD ROCK

1-2& 1/4L step R to R, Rock L back, Replace wt on R (9:00)
3-4 1/4R step L back, 3/8R step R to R (Facing R 45) (4:30)
5&6 Step L FWD, Step R toget her, Step L FWD (4 : 30)
&7-8 Hitch R knee while turning 1/4L, Rock R FWD, Replace wt L (1:30)

***On the 6th A, Hook R under L knee on Count 8, THEN, straighten up to back Wall to start again !**

BACK, 3/8L, CROSS, SIDE, BACK ROCK, 1/4L, 1/2L, CROSS, SIDE, BEHIND SWEEP, BEHIND, 1/4R, FWD

1&2& Step R back, 3/8L Step L to L, Cross Rover L, Step L to L (12:00)
3-4& Rock back R, Replace wt L, 1/4L step R back (9:00)
5 1/2L Step FWD L sweep R around (3:00)
6&7 Cross Rover L, Step L to L, Step R behind L sweep L around
8&1 Step L behind R, 1/4R Step R FWD, Step L FWD (6:00)

FWD ROCK, BACK, 1/2L, FWD, 1/4L PIVOT, CROSS, 1/4R, 1/2R, TOG

2-3 Rock R FWD, Replace wt on L
4& Step back R, 1/2L Step L FWD (Prep to Pivot) (12:00)

PART B LEADS IN HERE & leave out the last 4 counts

5-6 Step R FWD, 1/4L Pivot wt L (9:00)
7&8& Cross Rover L, 1/4R step L back, 1/2R step R FWD, Step L together (6:00)

PART B: 24 COUNTS (6:00, 6:00, 6:00)

FWD, 1/2L PIVOT, 1/4L, BEHIND, 1/4R, FWD, 1/2R PIVOT, 1/4R, BEHIND, SIDE

1-2-3 Step R FWD, 1/2L Pivot wt on L, 1/4L step R to R drag L (9:00)
4& Step L behind R, 1/4R step R FWD (12:00)
5-6-7 Step L FWD, 1/2R Pivot wt on R, 1/4R step L to L drag R (9:00)
8& Step R behind L, Step L to L

CROSS ROCK & CROSS ROCK & CROSS, 1/4R, 1/2R & FWD SWEEP, FWD SWEEP

1-2& Cross Rover L, Replace wt on L, Step R together
3-4& Cross L over R, Replace wt on R, Step L to L side
5&6& Cross Rover L, 1/4R Step L back, 1/2R Step R FWD, Step L together (6:00)
7-8 Step FWD R sweeping L around, Step FWD L sweeping R around

FWD, 1/2L PIVOT, FWD, FULL TURN R & FWD ROCK, BACK COASTER STEP &

1-2 Step R FWD, 1/2L Pivot wt on L (12:00)

3&4& Step R FWD, 1/2R step L back, 1/2 R step R FWD, Step L together (12:00)
5-6 Rock R FWD, Replace wt L ###
7&8& Step R back, Step L together, Step R FWD, Step L together

Wall sequence: A(12), A(6), 8 (6), A(12), A(6), 8 (6), A(12), A(6), A(6), 8(6)

Notes:

First Part A & Part Bis timely, so take your time. Part Bis always super slow but smooth!

Part A restart happens on the end of the instruments music! You'll hear it!

The dance finished to the front wall on count 22 of Part B! Enjoy! ###-
