

# People Help The People

COPPER KNOB  
STEPSHEETS

拍數: 56      牆數: 2      級數: Phrased Advanced NC2S  
編舞者: Travis Taylor (AUS) - May 2013  
音樂: People Help the People - Birdy : (Album: Birdy - iTunes)



Intro: Starts on vocal - Sequence A, A, B, A, A, B, A, A (16 with Restart), A, B

## PART A: 32 COUNTS

**FWD SWEEP, CROSS, 1/4L, SIDE DRAG, CROSS, 1/4R, 1/2R, FWD ROCK, 1/2R, FULL TURN L**

1                    Step R FWD sweep L around  
2&3                Cross Lover R, 1/4L step R back, Step L to L drag R (9:00)  
4&5                Cross Rover L, 1/4R step L back, 1/2R step R FWD (6:00)  
6&7                Rock FWD L, Replace wt R, 1/2L Step L FWD ( 12:00)  
8&                 1/2L step R back, 1/2L step L FWD (12:00)

**1/4L, BACK ROCK (1/4L BASIC NCLUB), 1/4R, 3/8L, FWD SHUFFLE, 1/4L HITCH, FWD ROCK**

1-2&              1/4L step R to R, Rock L back, Replace wt on R (9:00)  
3-4                1/4R step L back, 3/8R step R to R (Facing R 45) (4:30)  
5&6                Step L FWD, Step R toget her, Step L FWD ( 4 : 30)  
&7-8              Hitch R knee while turning 1/4L, Rock R FWD, Replace wt L (1:30)

**\*Onthe 6th A, Hook R under L knee on Count 8, THEN, straighten up to back Wall to start again !**

**BACK, 3/8L, CROSS, SIDE, BACK ROCK, 1/4L, 1/2L, CROSS, SIDE, BEHIND SWEEP, BEHIND, 1/4R, FWD**

1&2&              Step R back, 3/8L Step L to L, Cross Rover L, Step L to L (12:00)  
3-4&              Rock back R, Replace wt L, 1/4L step R back (9:00)  
5                    1/2L Step FWD L sweep R around (3:00)  
6&7                Cross Rover L, Step L to L, Step R behind L sweep L around  
8&1                Step L behind R, 1/4R Step R FWD, Step L FWD (6:00)

**FWD ROCK, BACK, 1/2L, FWD, 1/4L PIVOT, CROSS, 1/4R, 1/2R, TOG**

2-3                Rock R FWD, Replace wt on L  
4&                 Step back R, 1/2L Step L FWD ( Prep to Pivot) (12:00)

## PART B LEADS IN HERE & leave out the last 4 counts

5-6                Step R FWD, 1/4L Pivot wt L (9:00)  
7&8&              Cross Rover L, 1/4R step L back, 1/2R step R FWD, Step L together (6:00)

## PART B: 24 COUNTS (6:00, 6:00, 6:00)

**FWD, 1/2L PIVOT, 1/4L, BEHIND, 1/4R, FWD, 1/2R PIVOT, 1/4R, BEHIND, SIDE**

1-2-3             Step R FWD, 1/2L Pivot wt on L, 1/4L step R to R drag L (9:00)  
4&                 Step L behind R, 1/4R step R FWD (12:00)  
5-6-7             Step L FWD, 1/2R Pivot wt on R, 1/4R step L to L drag R (9:00)  
8&                 Step R behind L, Step L to L

**CROSS ROCK & CROSS ROCK & CROSS, 1/4R, 1/2R & FWD SWEEP, FWD SWEEP**

1-2&              Cross Rover L, Replace wt on L, Step R together  
3-4&              Cross L over R, Replace wt on R, Step L to L side  
5&6&              Cross Rover L, 1/4R Step L back, 1/2R Step R FWD, Step L together (6:00)  
7-8                Step FWD R sweeping L around, Step FWD L sweeping R around

**FWD, 1/2L PIVOT, FWD, FULL TURN R & FWD ROCK, BACK COASTER STEP &**

1-2                Step R FWD, 1/2L Pivot wt on L (12:00)

3&4& Step R FWD, 1/2R step L back, 1/2 R step R FWD, Step L together (12:00)  
5-6 Rock R FWD, Replace wt L ###  
7&8& Step R back, Step L together, Step R FWD, Step L together

Wall sequence: A(12), A(6), 8 (6), A(12), A(6), 8 (6), A(12), A(6), A(6), 8(6)

**Notes:**

First Part A & Part Bis timely, so take your time. Part Bis always super slow but smooth!

Part A restart happens on the end of the instruments music! You'll hear it!

The dance finished to the front wall on count 22 of Part B! Enjoy! ###-

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