

Rock & Roll Found Me

COPPER KNOB
STEPSHEETS

拍數: 56 牆數: 2 級數: Improver
編舞者: Chrystel DURAND (FR) - July 2021
音樂: Rock & Roll Found Me - Eric Church



Intro : 2 x 8

[1-8] SIDE, TOGETHER, TRIPLE FORWARD, SIDE, TOGETHER, TRIPLE BACKWARD

1-2 Step R on right side, left next to right
3&4 Step R forward, left next to left, step R forward
5-6 Step L on left side, right next to left
7&8 Step L back, right next to left, step L back

[9-16] ROCK BACK, TRIPLE ½ TURN, ROCK BACK, TRIPLE ½ TURN

1-2 Rock step right back, recover on left
3&4 ¼ turn left and step right on right side, left next to right, ¼ turn left and step right back 6.00
5-6 Rock step left back, recover on right
7&8 ¼ turn right and step left on left side, right next to left, ¼ turn right and step left back 12.00

Restart here on wall 3

[17-24] 3 STEPS BACKWARD, HEEL FORWARD, ROCK STEP FWD, STEP FWD, SCUFF

1-2-3 Walk 3 steps back (right, left, right)
4 Put left heel forward
5-6 Rock left forward, recover on right
7-8 Step left forward, scuff right

[25-32] STEP, LOCK, STEP LOCK STEP, STEP ½ TURN, TRIPLE FORWARD

1-2 Step right forward, lock left behind right
3&4 Step right forward, lock left behind right, step right forward
5-6 Step L forward, ½ turn right (weight on RF) 6.00
7&8 Step L forward, right next to left, step L forward

[33-40] SIDE, TOUCH, SIDE, TOUCH, KNEE BEND 4x

1-2 Step R on right side, touch left next to right
3-4 Step L on left side, touch right next to left
5-6 Step R on right side bending left knee inside, bend right knee inside
7-8 Bend left knee inside, bend right knee inside

[41-48] SIDE, SLIDE, TOGETHER, SIDE, TOUCH, SIDE, SLIDE, TOGETHER, SIDE, TOUCH

1-2 Step R on right side, slide left foot next to right
&3-4 Left foot next to right, step R on right side, touch left next to right
5-6 Step L on left side, slide right foot next to left
&7-8 Right foot next to left, step L on left side, touch right next to left

Restart here on wall 6

[49-56] ROLLING VINE R & L

1-4 ¼ turn right stepping R forward, ½ turn right stepping L back, ¼ turn right stepping R on right side, touch left next to right
5-8 ¼ turn left stepping L forward, ½ turn left stepping R back, ¼ turn left stepping L on left side, touch right next to left

RESTARTS :

On wall 3, dance the first 16 counts and restart the dance from the beginning (face at 12.00)

On wall 6, dance the first 48 counts and restart the dance from the beginning (face at 6.00)

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