

Look To The Rising Sun

拍數: 64 牆數: 2 級數: High Intermediate
編舞者: Daan Geelen (NL) - September 2021
音樂: Run - OneRepublic



Intro: 16 counts

Restart: Wall 1 after 48 counts (12 o'clock) and Wall 3 after 48 counts (6 o'clock)

Section 1: Syncopated Cross Rock, ½ Turn, Side Rock Cross, Side Rock Recover, Hold

1&2& Rock L over R, Recover to R, Rock L to Leftside, Recover to R
3 4 Cross L over R, ½ Turn Right (weight stays on L)
5&6 Rock R to Rightside, Recover to L, Cross R over L,
&78 Rock L to Leftside, Recover to R, Hold

Section 2: Cross, Side, Shuffle ½ Turn, Rock Fwd, Recover 1/8 Turn, Cross Shuffle, Hold

1 2 Cross L over R, Step R to Rightside
3&4 Step L ¼ Turn Left, Close R next to L, Step L ¼ Turn Left Fwd
5&6 Rock R Fwd, Recover 1/8 Turn L (facing 10.30 o'clock), Cross R over L
&78 Step L to Leftside Cross R over L, Hold

Section 3: Rock, Recover ¼ Turn, Step Fwd, High Kick, Hold, Ball Step, LockStep

1&2 Rock L to Leftside, Recover ¼ Turn Right (facing 1.30 o'clock), Step L Fwd
3 4 High Kick R (straight leg), Step R Fwd
5&6 Hold, Close L next to R, Step R Fwd
7&8 Step L Fwd, Lock R behind L, Step L Fwd

Section 4: Step Fwd, Step Fwd 1/8 Turn, Cross, Back, Back, Cross, Back, Side, Close, Cross, Ball Cross

1 2 Step R Fwd, Step L 1/8 Turn Left Fwd (facing 12 o'clock)
3&4 Cross R over L, Step L Back, Step R Back
&5&6 Cross L over R, Step R Back, Step L to Leftside, Close R next to L
7&8 Cross L over R, Step R to Rightside, Cross L over R

Section 5: Side Rock, Recover, Behind, Side, Cross, Side Rock, Recover, Behind, Side, Cross

1 2 Rock R to Rightside, Recover to L
3&4 Step R behind L, Step L to Leftside, Cross R over L
5 6 Rock L to Leftside, Recover to R
7&8 Step L behind R, Step R to Rightside, Cross L over R

Section 6: Side Rock, Recover ¼ Turn, Shuffle ½ Turn, Point Back, ½ Turn, Triple in place ¼ Turn Step Fwd

1 2 Rock R to Rightside, Recover ¼ Turn Left
3&4 Step R ¼ Turn Left to Rightside, Close L next to R, Step R ¼ Turn Left Back
5 6 Point L Back, ½ Turn Left (weight is on L)
7&8 Step R Fwd, Turn ½ Turn Left on R Step L Fwd, Step R 1/8 Turn Left Fwd (facing 1.30 o'clock)

Section 7: Syncopated Rocks, Star Rock 1/8 Turn

1 2 Rock L Fwd, Recover to R
&34 Close L next to R, Rock R Fwd, Recover to L
5&6& Rock R to Rightside 1/8 Turn Right (facing 3 o'clock, Recover to L, Rock R behind L, Recover to L
7&8 Rock R to Rightside, Recover to L, Cross R over L

Section 8: Side Rock, Recover, Cross, Side, Lock Behind, ¾ Turn, Hitch, Ball, Touch, Hold

1&2 Rock L to Leftside, Recover to R, Cross L over R
&3 Step R to Rightside, Lock L behind R,
4 5 $\frac{3}{4}$ Turn Left in 2 counts
6 &78 Hitch R, Step R in Place, Touch L to Leftside, Hold

Start again! Enjoy!
