

Baby One More Time

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Hiroko Carlsson (AUS) - September 2021
音樂: ...Baby One More Time - Crypto : (Spotify)



(Dance starts: 4 counts from beginning of track - just before lyrics)

[S1] Side, Behind-1/4R-Step-Pivot 1/4R-Cross-Side, Behind Rock, Side-Behind-1/4L Step-Pivot 1/4L

1 2& Step R to the side, Step L behind R, Make a 1/4 turn right stepping forward on R (3:00)
3& Step forward on L, Make a 1/4 turn right recover weight on R (6:00)
4& Cross L over R, Step R to the side
5 6& Rock L behind R, Replace weight on R, Step L to the side
7& Step R behind L, Make a 1/4 turn left stepping forward on L (3:00)
8& Step forward on R, Make a 1/4 turn left recover weight on L (12:00)

[S2] Cross, Side, Sailor 1/4R-Fwd, Step-Pivot 1/2R, 3/4R Triple Turn

1 2 Cross R over L, Step L to the side
3&4 Make a 1/4 turn right stepping R behind L, Step L beside R, Step forward on R (3:00)
5 6 Step forward on L, Make a 1/2 turn right recover weight on R (9:00)
7&8 Make a 1/2 turn right stepping back on L, Step R in place, Make a 1/4 turn right step L next to R (6:00)

[S3] Sway R-L-R, Cross-1/4L-1/4L, Cross Rock-Side, Cross Rock

1 2 3 Step R to the right and sway R-L-R
4&5 Cross L over R, Make a 1/4 turn left stepping back on R, Make a 1/4 turn left stepping L to the side (12:00)
6&7 Rock R over L, Replace weight on L, Step R to the side
8& Rock L over R, Replace weight on R

[S4] 1/4L Walk-Walk, Fwd Mambo, Back w/ Hook, 1/2R Back w/ Hook, Cross Rock

1 2 Make a 1/4 turn left stepping forward on L Step forward on R (9:00)
3&4 Rock forward on L, Replace weight on R, Step back on L
5 6 Step back on R/hook L, Make a swift 1/2 turn right stepping back on L/hook R (3:00)
7 8 Step forward on R, Make a 1/2 turn left recover weight on L (3:00)

Restart: On Wall 2 count 16** (9:00) and Wall 6 count 16** (12:00)

Ending suggestion: The last wall finishes at 6:00 o'clock, then make a 1/2 turn left stepping back on R (12:00).

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
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