Cold Heart



拍數: 32 牆數: 4 級數: Improver

編舞者: Maddison Glover (AUS) - August 2021

音樂: Cold Heart (PNAU Remix) - Elton John & Dua Lipa



No tags. No Restarts. You're Welcome.

Back, Touch, Forward, Touch, Back, Touch, Forward, 1/2 Back

1,2,3,4 Step R back, touch L together, step L fwd, touch R together

5,6,7,8 Step R back, touch L toe together, step L fwd, make ½ turn L stepping back on R (6:00)

Option: On counts 1-2 and 5-6, slightly lean body backwards.

Back, Touch, Forward, 1/4 Side, Behind, Side, Cross, Point

1,2,3,4 Step L back, touch R together, step R fwd, turn ¼ R stepping L to L side (9:00)

5,6,7,8 Cross R behind L, step L to L side, cross R over L, point L to L side (slightly angle body to

11:30)

Front, Side, Behind, Point, Cross, 1/4 Back, 1/4 Side, Cross

1,2,3,4 Cross L over R, step R to R side, cross L behind R, point R to R side (slightly angle body to

7:30)

5,6,7,8 Cross R over L, turn ¼ R stepping L back (12:00), turn ¼ R stepping R to R side (3:00), cross

L over R

Side, Together, Lock Shuffle Forward, Rock Forward, Recover, Lock Shuffle Back

1,2,3&4 Step R to R side, step L together, step R fwd, lock L behind R, step R fwd

5,6,7&8 Rock L fwd, recover weight back onto R, step L back, cross R over L, step L back

Ending: You will be facing 9:00 ready to start a new wall.

Replace the first two counts of the dance with: Step R back, touch L toe slightly fwd (bend both knees) as you 'sit back' onto R.

(open/ angle body to 12:00)

CHOREOGRAPHED FOR MY ONLINE 'LOCKDOWN LINE DANCING' CLASSES.

Stay healthy, stay safe & keep dancin'

Special thanks to Jo Thompson-Szymanski for her guidance, suggestions and reassurance.

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