Shimmy Shimmy Yeah



拍數: 48 牆數: 2 級數: Phrased Intermediate

編舞者: Vincent Al (INA) - August 2021

音樂: Swalla (feat. Nicki Minaj & Ty Dolla \$ign) - Jason Derulo



Pattern: A A(1-16) B B - A A A(1-16) B B - A A A(1-16) B B - A ENDING

Start dancing after 8 counts since the music has begun.

PART A: 32 Counts

AI. CRISS CROSS VOLTA

1a2 R cross in front of L, L step to left side, R cross in front of L

a3 L step to left side, R cross in front of La4 L step to left side, R cross in front of L

5a6 turn ½ to left then L cross in front of R(06.00), R step to right side, L cross in front of R

a7 R step to right side, L cross in front of R a8 R step to right side, L cross in front of R

AII. SPINNING VOLTA - SAMBA WHISKS - SPINNING VOLTA TO QUARTER

turn ½ to right then recover to R(12.00), turn ½ to right then L step behind R(06.00), R step

inplace

L step to left side(3) - R step behind L(a) - L step inplace(4)

R step to right side(5) - L step behind R(a) - R step inplace(6)

7a8 turn ¼ to left then L step forward (03.00) - turn ½ to left(09.00) then R step behind L(a) -L

step inplace(8)

**RESTART here

AIII. MODIFIED VAUDEVILLE - DIAMOND FALLAWAY

1a2 R cross in front of L, turn 1/8 to left then L to left side(10.30), R touch forward on toe

a3 R step to right side, L cross in front of R

a4a turn 1/8 to left then R step to right side(09.00), turn 1/8 to left then L touch forward on

toe(07.30), L step next to R

5a6 R step forward, turn 1/8 to right then L step to left side(09.00), turn 1/8 to right then R step

backward(10.30)

7a8 L step backward, turn 3/8 to right then R step to right side(03.00), L step forward

AIV. CRUZADOS WALK - TURNING COASTER STEP - BOTAFOGO - TOE SWITCHES

1-2 walk forward on R, L

turn 3/8 to right then R step backward(07.30), L step next to R, R step forward L step forward, turn 1/8 to left then R step to right side(06.00), recover to L

7a8 R step next to L then L touch to left side on toe, L step next to R, R touch to right side on toe

PART B: 16 Counts

BI. SLIDE AND DRAG WITH UPPER BODY ACTIONS - PADDLE

1-2 R slide to right side for 2(two) counts while upper body makes shoulder roll twice

3-4 L drag next to R for 2(two) counts while upper body makes chest pop twice

7-8 R step forward, turn ¼ to left then recover to L(09.00)
R step forward, turn ¼ to left then recover to L(06.00)

BII. MAYPOLE TO RIGHT - MAYPOLE TO LEFT

1 turn ¼ to right then R step to right side(09.00)

a2 L cross on front of R, turn ¼ to right then R step to right side(12.00)
a3 L cross in front of R, turn ¼ to right then R step to right side(03.00)
a4 L cross in front of R, turn ¼ to right then R step to right side(06.00)

5	turn ¼ to left then L step to left side(03.00)
a6	R cross in front of L, turn ¼ to left then L step to left side(12.00)
a7	R cross in front of L, turn ¼ to left then L step to left side(09.00)
a8	R cross in front of L, turn ¼ to left then L step to left side(06.00)

RESTART:

There are some Short-Walls on this choreography as shown on Pattern above. Dance normally Part A from count 1(Session 1, Count:1) till Count 14 (Seaaion 2, Count:6). For a nice RESTART, make a step changing for count 15-16(Session 2, Count: 7-8) as below:

I. SPINNING VOLTA

7a8 turn ½ to left then L step slightly forward(12.00), turn ½ to left then R step behind L(06.00), L

step inplace

ENDING: Make a ½ turn to left on L so you will face 12.00 o'clock at the end of this dance.

ENJOY THE DANCE

For more information, please contact me on: aldb75@gmail.com