

Whoa Ni

拍數: 48 牆數: 4 級數: Improver
編舞者: Kathy Brown (USA) - August 2021
音樂: Whoa Ni - Lou Battle : (Amazon music)



Intro: 32ct.

SHIMMY RIGHT, RIGHT SHUFFLE, LEFT ROCK, RECOVER

1-4 Step right to side, shimmy right, drag left to right (4) weight on left)
5&6 Step right to side, step left next to right, step right to side
7-8 Rock left behind right, recover right

SHIMMY LEFT, LEFT SHUFFLE, RIGHT ROCK, RECOVER

1-4 Step left to side, shimmy left, drag right to left (4) weight on right)
5&6 Step left to side, step right next to left, step left to side
7-8 Rock right behind left, recover left

RIGHT SHUFFLE FORWARD, LEFT- RIGHT HEEL TWIST, LEFT COASTER, PIVOT 1/2 LEFT

1&2 Step right forward, step left next to right, step right forward
3&4 Step left slightly forward, on balls of both feet twist heels left, right (weight on right)
5&6 Step left back, step right back, step left forward
7-8 Step right forward, pivot 1/2 left

RIGHT SHUFFLE FORWARD, LEFT- RIGHT HEEL TWIST, LEFT COASTER, PIVOT 1/4 LEFT

1&2 Step right forward, step left next to right, step right forward
3&4 Step left slightly forward, on balls of both feet twist heels left, right (weight on right)
5&6 Step left back, step right back, step left forward
7-8 Step right forward, pivot 1/4 left

RIGHT CROSS, LEFT POINT, LEFT CROSS, RIGHT POINT, JAZZ

1-2 Cross right over left, point left to side
3-4 Cross left over right, point right to side
5-6 Cross right over left, step left back
7-8 Step right to side, step left next to right

JUMP FORWARD RIGHT, LEFT, HIP ROLL, JUMP BACK R, L, HIP ROLL, HIP SWAYS

&1&2 Jump forward right, left, roll hip-right, left 2cts.
&3&4 Jump back right, left, roll hip-right, left 2cts
5-8 Step right slightly to right pushing hip right, sway hips, left, right, left