

# My HEART Goes (La Di Da)

**COPPER** **KNOB**  
BY STEPHENETS

拍數: 32      牆數: 4      級數: Easy Beginner  
編舞者: Val Saari (CAN) - August 2021  
音樂: My Heart Goes (La Di Da) - Becky Hill & Topic



Intro 16 counts. Begin on the word "I"

## TOE-STRUTS FORWARD RLRL

1-2      Touch RF toes forward, Drop heel  
3-4      Touch LF toes forward, Drop heel  
5-6      Touch RF toes forward, Drop heel  
7-8      Touch LF toes forward, Drop heel

## POINT CROSSES BACK RL, MONTEREY 1/4 TURN R, POINT L,

1-2      RF point to right side, RF step back behind L  
3-4      LF point to left side, LF step back behind R  
5-6      Point RF toes to right side, 1/4 turn right step RF together  
7-8      Point LF to L side, Step LF beside R

## MODIFIED SCISSORS (RL)

1-4      RF Large Step R, Step LF together, Touch RF toes across L, Step RF heel down  
5-8      LF Large Step L, Step RF together, Touch LF toes across R, Step LF heel down

## DOUBLE ROCKING CHAIR

1-2      Rock RF forward, Recover Left  
3-4      Rock RF back, Recover Left  
5-6      Rock RF forward, Recover Left  
7-8      Rock RF back, Recover Left

No tags, no restarts

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