

A Lil' Roll

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Karen Bartolini (USA) - August 2021
音樂: Lil Bit - Nelly & Florida Georgia Line



#16 count intro

(1-8) R HEEL, TOE, R TRIPLE FORWARD, L HEEL, TOE, L TRIPLE FORWARD

1-2 Place R heel forward, hook R over L touching R toe down
3&4 Step R forward, step L next to R, step R forward
5-6 Place L heel forward, hook L over R touching L toe down
7&8 Step L forward, step R next to L, step L forward

(9-16) R ROCKING CHAIR, ¼ PIVOT L x 2 WITH ROLL

1-2 Rock R forward, recover weight on L
3-4 Rock R back, recover weight on L
5-6 Step R forward, ¼ pivot L with roll
7-8 Step R forward, ¼ pivot L with roll

(17-24) JUMP OUT R,L WITH HOLD, JUMP BACK R,L WITH HOLD, SWITCH R, L, R, HITCH R

&1-2 Jump forward R, L landing feet apart, hold
&3-4 Jump back R, L landing feet together, hold
5&6 Point R toe to R side, point L toe to L side
&7-8 Point R toe to R side, hitch R knee crossing over left

(25-32) LAND R, HOLD, R BALL CROSS, HOLD, L SIDR ROCK, RECOVER, BEHIND, SIDE CROSS

1-2 Step R down crossed over L, hold
&3-4 Step L to L side, cross R over L, hold
5-6 Step L to L side, recover wt. to R
7&8 Step L behind R, step R to R side, step L over R

***Tag - After the first wall facing 6:00, 16 counts**

***2 R hip rolls, R jazz box cross, repeat**

1-4 Step R foot to R side, hip roll x 2
5-8 Cross R over L, step back L, step R to R side, cross L over R

Repeat 8 counts

Enjoy!

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