

I Know Doc

拍數: 64 牆數: 2 級數: Improver
編舞者: Silvia Schill (DE) - August 2021
音樂: What It Ain't - Josh Turner



The dance begins with the vocals

S1: Toe-heel-toe-heel swivels r + l

- 1-2 Turn right toe to the right - turn right heel to the right
- 3-4 Turn right heel to the left - Turn right toe to the left (together, weight right)
- 5-6 Turn left toe to the left - Turn left heel to the left
- 7-8 Turn left heel to the right - Turn left toe to the right (together, weight left)

S2: Heel, close r + l, ½ Monterey turn r

- 1-2 Tap right heel in front - move RF next to left
- 3-4 Tap left heel in front - move LF next to right
- 5-6 Tap right toe to right - ½ turn right around and move RF next to left (6 o'clock)
- 7-8 Tap left toe to left - move LF next to right

Ending: The dance ends here; at the end omit the ½ turn right around - 12 o'clock

S3: Heel, close r + l, ¼ Monterey turn r

- 1-2 Tap right heel in front - move RF next to left
- 3-4 Tap left heel in front - move LF next to right
- 5-6 Tap right toe right - ¼ turn right around and move RF next to left (9 o'clock)
- 7-8 Tap left toe left - move LF next to right

S4: Side, touch behind/snap r + l, vine r turning ¼ r with brush

- 1-2 Step right with right - tap left toe behind right foot/snap with right to right
- 3-4 Step left with left - tap right toe behind left foot/snap with left to left
- 5-6 Step right with right - cross LF behind right
- 7-8 ¼ turn right and step forward with right - swing LF forward (12 o'clock)

S5: Vine l, point, touch forward, point, lift behind/slap

- 1-2 Step left with left - cross RF behind left
- 3-4 Step left with left - tap RF next to left
- 5-6 Touch right toe to right side - touch right toe in front
- 7-8 Touch right toe to right side - lift RF behind left leg/slap left hand to boot

S 6: Step, scuff r + l 2x turning ½ r

- 1-2 ⅛ Turn right around and step forward with right - swing LF forward, let heel drag on floor (1:30)
- 3-4 ⅛ Turn right around and step forward with left - swing RF forward, let heel drag on floor (3 o'clock)
- 5-8 Like 1-4 (6 o'clock)

S7: Rocking chair, step, pivot ½ l 2x

- 1-2 Step forward with right - weight back on LF
- 3-4 Step back with right - weight back on LF
- 5-6 Step forward with right - ½ turn left around on both balls, weight at the end left (12 o'clock)
- 7-8 Like 5-6 (6 o'clock)

S8: Stomp forward, stomp out, clap 2x, stomp back, stomp, clap 2x

- 1-2 Stomp RF forward - stomp LF slightly left

3-4 Clap 2x
5-6 Stomp RF back - stomp LF next to right
7-8 Clap 2x

Repeat until the end.

And don't forget to smile, because dancing is fun!

There is no guarantee for errors in the translation, content, spelling, etc.!

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