

# Fourteen Minutes Old

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Georgie Mygrant (USA) - August 2021  
音樂: Fourteen Minutes Old - Doug Stone



Intro: 32

## Step V Step, 2 counts each step

1-4      Step R fwd. diagonally, touch L to R, step L back diagonally, step R to L  
5-8      Step L fwd. diagonally, touch R to L, step R back diagonally, step L to R

## Walk back, Jazz Box R, 1 R Kick Ball Chain

1-4-5-6-7&8      Step back on R/L (2 c's), step R over L, step on L turning R (3-4), step on R, then L.(5-6) Kick R fwd. step on R, step on L (7&8)

## K Step,

1-4      Step R fwd. diagonally, touch L to R, step L back diagonally, and touch R to L,  
5-8      Step R back diagonally, touch L to R, step L fwd. diagonally, and touch R to L

## Step Fwd. R/L/R, turning ½ L, Step on L, Step Fwd. R, and Back

1-4      Step fwd. R/L/R turning ½ L on R, step on L  
5-8      Step fwd. R, step on L to R, step back on R, step L to R

That's it! No Tags! Just enjoy! [mygeo@adamswells.com](mailto:mygeo@adamswells.com)

All my routines are based on AB or beginner dancers. No turning vines or spins, no tripping steps, just easy going moves. Routines that anybody can do. I feel that some of the beginner routines scare some of the new dancers off. This way, they can work into the routines easy and understand them better. A few of mine are a little fast, but should be easy for beginners once they feel comfortable with the steps. Georgie