Nothing But A Countdown

級數: Improver

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音樂: One Mississippi - Kane Brown

拍數: 32

CROSS, ROCK, RECOVER, CROSS, ROCK RECOVER, WALK, WALK, SHUFFLE FORWARD

- 1&2 R cross over L, L step to L, R step to center
- 3&4 L cross over R, R step to R, L step to center
- 5, 6 R step forward, L step forward
- 7&8 R step forward, L step beside R, R step forward

ROCK, RECOVER, TRIPLE TURN ½, CROSS, POINT, CROSS, POINT

- 1, 2 L rock forward, recover on R
- 3&4 Turn ½ to L (6 o'clock) step L, R step beside L, L step forward
- 5, 6 R cross over L, L point to L
- 7, 8 L cross over R, R point to R

TOUCH, TOUCH, COASTER TURN ¼, ROCK, RECOVER, COASTER

- 1, 2 R touch in front of L, R touch out to R
- 3&4 R step back making a ¼ turn to R (9 o'clock), L step beside R, R step forward
- 5, 6 L rock forward, recover on R
- 7&8 L step back, R step beside L, L step forward

*** RESTART HERE ON WALL 8

SKATE, SKATE, SHUFFLE, SKATE, SKATE, SHUFFLE

- 1, 2 R slide diagonally forward, L slide diagonally forward
- 3&4 R step diagonally forward, L step beside R, R step diagonally forward
- 5, 6 L slide diagonally forward, R slide diagonally forward
- 7&8 L step diagonally forward, R step beside L, L step diagonally forward

Last Update - 4 Sept. 2021





牆數:4