

I Am

拍數: 48 牆數: 2 級數: Low Intermediate
編舞者: Roberto Bresciani (IT) - August 2021
音樂: Sam I Am - Sammy Hagar & The Waboritas



Start after 16 count - 1 Restart; 1 Tag (16 count)

(S1) Chasse Right, Heel Left, Toe Left, Chasse Left, Heel Right, Toe Right

1&2 Step Right to Right Side & Step Left Beside Right; Step Right to Right Side
3-4 Touch Left Heel Forward; Touch Left Toe Back
5&6 Step Left to Left Side & Step Right Beside Left; Step Left to Left Side
7-8 Touch Right Heel Forward; Touch Right Toe Back

(S2) Military Pivot Left, Rock Step Right, Step Turn 1/2 Right, Scuff Left

1-2 Step Right Forward; Turn 1/2 Left
3-4 Step Right Forward; Turn 1/2 Left
5-6 Rock Right Forward; Return Onto Left
7-8 Turn 1/2 Right & Step Right Forward; Scuff Left Beside Right

(S3) Shuffle Diagonally Left, Shuffle Diagonally Right, Rock Step Left, Coaster Step Left

1&2 Step Left Diagonally Forward & Step Right Beside Left; Step Left Diagonally Forward
3&4 Step Right Diagonally Forward & Step Left Beside Right; Step Right Diagonally Forward
5-6 Rock Left Forward; Return Onto Right
7&8 Step Left Back & Step Right Beside Left; Step Left Forward

(S4) Chasse Right, Cross in Rock Left Behind Right, Chasse Left, Cross in Rock Right Behind Left

1&2 Step Right to Right Side & Step Left Beside Right; Step Right to Right Side
3-4 Cross in Rock Left Behind Right; Return onto Right
5&6 Step Left to Left Side & Step Right Beside Left; Step Left to Left Side
7-8 Cross in Rock Right Behind Left; Return Onto Left

(S5) Kick Ball Point Right, Kick Ball Point Left, Military Pivot Left

1&2 Kick Right Forward & Step Right on Place; Point Left Toe to Left Side
3&4 Kick Left Forward & Step Left on Place; Point Right Toe to Right Side
5-6 Step Right Forward; Turn 1/2 Left
7-8 Step Right Forward; Turn 1/2 Left

(S6) Toe Swiches Right, Toe Swiches Left, Toe Swiches Right, Toe Swiches Left

1-2 Touch Right Toe to Right Side; Step Right on Place
3-4 Touch Left Toe to Left Side; Step Left on Place
5-6 Touch Right Toe to Right Side; Step Right on Place
7-8 Touch Left Toe to Left Side; Step Left on Place

RESTART: At 5° Wall after 8 Count

TAG (at the end of 6° wall)

(S1) Hold, Clap, Hold, Clap - (repeat Twice)

1-2 Hold; Clap
3-4 Hold; Clap
5-6 Repeat 1-2
7-8 Repeat 3-4

(S2) Hold, Clap, Hold, Clap - (repeat Twice)

1-2 Hold; Clap
3-4 Hold; Clap
5-6 Repeat 1-2
7-8 Repeat 3-4

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