

Bomp Bop

COPPER KNOB
BY STEPHEN LEE

拍數: 32 牆數: 4 級數: Beginner
編舞者: Karen Lee (TW) - August 2021
音樂: Who Put the Bop in the Bop Sho - Johnny Maestro & The Crests



Intro: 40 Counts, (26 Secs) *No Restart. /*No Tag.

[S1]: Sugar Step

1-4 Touch RF toe in, touch RF heel out, cross RF over LF, hold (Weight To RF)
5-8 Touch LF toe in, touch LF heel out, cross LF over RF, hold (Weight To LF)

[S2]: Rumba Box.

1-4 Step RF To R Side(1), Step LF Beside to RF (2), Step RF Back (3) , Hold(4)
5-8 Step LF To L Side (5), Step RF Beside to LF (6), Step LF Forward (7), Sweep RF (8).

[S3]: Mambo 1/4 Turn R, Hold, Cross Shuffle, Hold

1-4 Rock RF Forward (1), Recover To LF (2), 1/4 Turn R Weight on RF(3), Hold(4)
5-8 Cross LF Over RF (5), Step RF to R Side (6), Cross LF Over RF (7), Hold (8).

[S4]: Side Rock, Recover, Cross, Hold, Knee Pop Rock, Hold.

1-4 Rock RF to R Side(1), Recover LF In Place(2), Cross RF Over LF (3), Hold(4)
5-8 Rock LF To L Side And knee Pop RF (weight to LF) (5), Rock RF to R Side And knee Pop LF
(weight to RF) (6), Rock LF To L Side And knee Pop RF (weight to LF) (7), Hold (8).

REPEAT

Enjoy and happy Dancing...

Contact: karenlee778@gmail.com