One Mississippi Two Mississippi



拍數: 32 牆數: 2 級數: Intermediate

編舞者: Donna Manning (USA) - August 2021

音樂: One Mississippi - Kane Brown



Restart on wall 8 (The wall AFTER the full instrumental wall. It will Restart on the back wall and happens facing the back wall)

Start with weight on the L

Sec. 1 (1-8) Heel Jack, Pause, &Together, Heel Taps, Ball Cross, ½ Turn R, Cross Rock-Recover ¼ Turn L

&1, 2 Step R slightly back, touch L heel forward, pause on 2

&3-4 Bring L to center, tap R heel forward 2X

85-6 Bring R to center, cross L over R, ½ turn R taking weight to the R

7&8 Cross rock L across R, recover to R, ¼ turn L stepping L fwrd (3:00)

Sec.2 (9-16) R Triple Step ¼ Turn L, L Triple Step ¼ Turn L, R Step ¼ Turn R, ½ Turn R Pirouette

1&2 R to R side, L to R, ¼ turn L stepping R back (12:00)

3&4 Making ¼ turn L - step L to L side, bring R to L, finish gtr turn stepping L to L side taking

weight fully to L (9:00)

Styling: your body will be facing 9:00 but turn your upper body and face to the back-6:00 (almost a small

lunge)

5-6 1/4 Turn R stepping on R 12:00 (keep R under your center), on ball of R make ½ turn R

bringing L instep to R ankle (6:00)

&7&8 Step L to L side, touch R to L, step R to R side, touch L to R (6:00)

Sec.3 (17-24) Heel Jack, Pause, &Together, Heel Taps, Ball Cross, ½ Turn L, Cross Rock-Recover

&1, 2 Step L slightly back, touch R heel forward, pause on 2

&3-4 Bring R to center, tap L heel forward 2X

85-6 Bring L to center, cross R over L, ½ turn L taking weight to the L (12:00)

7 -8 Cross rock R across L, recover to L (12:00)

RESTART here wall 8*wall AFTER the instrumental wall

Sec.4 (25-32) Cross Rock L, Cross Rock R, Ball Step ½ Turn R, Salsa Basic

&1-2	Bring R to center, cross rock L over R, recover to R
&3-4	Bring L to center, cross rock R over L, recover to L

&5-6 Bring R to center, step L fwrd, make ½ turn R taking weight to R

7&8 Press ball of L fwrd (don't rock over foot), recover to R, bring L to center

EOD - Have fun! Smile! Play with the music and your style - Please don't change anything on the sheets or during a teach. Add your spice later.

Any questions please email: donnaz.mkgal@gmail.com

Last Update - 24 August 2021