

Bless This Mess

拍數: 32 牆數: 2 級數: High Beginner Country
編舞者: Ole Jacobson (DE) & Nina K. (DE) - August 2021
音樂: God Bless This Mess - Sasha McVeigh



Note: The dance begins after 16 counts with the start of the singing

[01-08] Side, together, step, hold, rocking chair

1,2 LF step to the left - Place RF next to LF
3,4 LF step forward - Hold
5,6 RF step forward - Shift weight to LF
7,8 RF step backwards - Shift weight on LF

[09-16] Monterey turn 1/4 right, heel, hook, step, flick

1,2 RF tap to the right - 1/4 R-Turn on the LF and place RF next to LF
3,4 LF tap to the left - Place LF next to RF
5,6 R-Heel tap forward - RF lift and cross in front of your left Shin
7,8 RF step forward - LF lift behind RF

[17-24] Back lock back, hook, side, hold, cross back, recover

1,2 LF step backwards - RF cross in front of LF
3,4 LF step backward - RF lift and cross in front of your left Shin
5,6 RF big step to the right - Hold
7,8 LF cross step behind RF - Shift weight to RF

[25-32] Side, recover with 1/4 turn right, step, hold, side, together, back, touch

1,2 LF step to the left - 1/4 R-Turn and weight to RF
3,4 LF step forward - Hold
5,6 RF step to the right - Place LF next to RF
7,8 RF step backwards - LF tap next to RF

... and from beginning

TAG: Dance at the end of the 2.[6.]10.Wall (Always on 12:00) additionally the following 4 Counts (1-4) Side, touch with clap, side touch with clap

1,2 LF step to the left - RF tap next to LF, and clap your hands
3,4 RF step to the right - LF tap next to RF, and clap your hands

Finish: The dance ends with the Monterey Turn (Count 9-12).

Dance the Monterey Turn at the end with 1/2 R-Turn (Dance ends on 12:00)