Bless This Mess



拍數: 32 編數: 2 級數: High Beginner Country

編舞者: Ole Jacobson (DE) & Nina K. (DE) - August 2021

音樂: God Bless This Mess - Sasha McVeigh



Note: The dance begins after 16 counts with the start of the singing

RF step backwards - Shift weight on LF

[01-08] Side, together, step, hold, rocking chair		
1,2	LF step to the left - Place RF next to LF	
3,4	LF step forward - Hold	
5.6	RF step forward - Shift weight to LF	

[09-16] Mounterey turn 1/4 right, heel, hook, step, flick

1,2	RF tap to the right - 1/4 R-Turn on the LF and place RF next to LF
3,4	LF tap to the left - Place LF next to RF
5,6	R-Heel tap forward - RF lift and cross in front of your left Shin
7,8	RF step forward - LF lift behind RF

[17-24] Back lock back, hook, side, hold, cross back, recover

1,2	LF step backwards - RF cross in front of LF
3,4	LF step backward - RF lift and cross in front of your left Shin
5.6	RF big step to the right - Hold
7,8	LF cross step behind RF - Shift weight to RF

[25-32] Side, recover with 1/4 turn right, step, hold, side, together, back, touch

1,2	LF step to the left - 1/4 R-Turn and weight to RF
3.4	LF step forward - Hold
5,6	RF step to the right - Place LF next to RF
7,8	RF step backwards - LF tap next to RF

... and from beginning

7,8

TAG: Dance at the end of the 2.|6.|10.Wall (Always on 12:00) additionally the following 4 Counts (1-4) Side, touch with clap, side touch with clap

1,2	LF step to the left - RF tap next to LF, and clap your hands
3,4	RF step to the right - LF tap next to RF, and clap your hands

Finish: The dance ends with the Monterey Turn (Count 9-12).

Dance the Monterey Turn at the end with 1/2 R-Turn (Dance ends on 12:00)