

High Horse

COPPERKNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Low Intermediate
編舞者: Jason Messer (USA) - August 2021
音樂: High Horse - Nelly, BRELAND & Blanco Brown



Restart after 16 counts on wall 5
Tag end of wall 2

INTRO: 16 Counts (start dance with vocals)

[01-08] KICK-BALL CROSS, WIZARD STEP, KICK-BALL CROSS, STEP 1/4 TURN L, STEP 1/4 TURN L

1&2 Kick RF fwd (1), Step RF back (&), Cross LF over RF (2)
3,4& Step RF diagonally fwd (3), Lock step LF behind RF (4), Step RF diagonally fwd (&)
5&6 Kick LF fwd (5), Step LF back (&), Cross RF over LF (6)
7,8 Step LF 1/4 turn L (7), Pivot 1/4 turn L on LF and Slide/step RF to R [6:00]

[09-16] L SAILOR, R SAILOR, SYNCOPATED HEEL SWITCHES, STEP HEEL FANS

1&2 Step LF behind RF (1), Step RF next to LF (&), Step LF fwd (2)
3&4 Step RF behind LF (3), Step LF next to RF (&), Step RF fwd (4)
5&6& Touch LF fwd (5), Step LF next to RF (&), Touch RF fwd (6), Step RF next to LF (&)
7&8 Step LF fwd (7), Fan both heels L (&), Fan both heels R (8)

*** RESTART HERE ON WALL 5 ***

[17-24] STEP PIVOT 1/2 TURN L, TRIPPLE STEP 1/2 TURN L, PIVOT 1/2 L & HITCH, STEP LF FWD, 1/4 TURN L SIDE ROCK-RECOVER

1,2 Step RF fwd (1), Pivot 1/2 turn L (2) [12:00]
3&4 Turn 1/4 L stepping RF to R (3), Step LF next to RF (&), Turn 1/4 L stepping back on RF (4) [6:00]
5,6 Pivot 1/2 turn L on RF while hitching LF (5), Step LF fwd (6) [12:00]
7,8 Pivot 1/4 turn L on LF & side rock RF to R (7), Recover on LF (8) [9:00]

NOTE: Easier option for counts 5,6: TRIPPLE STEP 1/2 TURN L

5&6 Turn 1/4 L stepping LF to L (5), Step RF next to LF (&), Turn 1/4 L stepping fwd on LF (6) [12:00]

[25-32] HEEL JACKS x2, STEP RF FWD, 3 HEEL BOUNCES MAKING 1/2 TURN L

1&2& Cross RF over LF (1), Step LF to L (&), Touch R heel diagonally fwd (2), Step RF back (&)
3&4& Cross LF over RF (3), Step RF to R (&), Touch L heel diagonally fwd (4), Step LF back (&)
5,6,7,8 Step RF fwd (5), Bounce on heels 3 times while pivoting 1/2 turn L (6,7,8) [3:00]

*** TAG (END OF WALL 2) ***

[01-08] ROCK FWD RECOVER, PONY STEPS, PONY STEPS, ROCK BACK RECOVER

1,2 Rock RF fwd (1), Recover on LF (2)
3&4 Step back on RF popping L knee out (3), Step LF next to RF (&), Step back on RF popping L knee out (4)
5&6 Step back on LF popping R knee out (5), Step RF next to LF (&), Step back on LF popping R knee out (6)
7,8 Rock RF back (7), Recover on LF (8)