

I'm Begging You

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Phrased Advanced
編舞者: José Miguel Belloque Vane (NL) & Roy Verdonk (NL) - August 2021
音樂: Beggin - Måneskin



#16 Count Intro / Approx 24 Secs

Sequence: A, B, A, A, A, B, A, A (20 Counts), Tag 1, A, A (20 Counts), Tag 2, B, A, A

Part A: 32 counts

[01 - 08]: Kick Ball Cross, Side Rock, Weave 1/8 Turn, Run Run Run

1&2 Kick right to right diagonal, step right beside left, cross left over right
3-4 Rock right to right, recover weight onto left
5&6 Step right behind left, step left to left, turn 1/8 left step right forward (10:30)
7&8 Run left forward, run right forward, run left forward

[09 - 16]: Step 1/2 Pivot, 1/2 Turn Shuffle, Back Sweep, Back Sweep, Weave 1/8 Turn

1-2 Step right forward, pivot 1/2 left transferring weight onto left (4:30)
3&4 Turn 1/2 left step right back, step left beside right, step right back (10:30)
5-6 Step left back sweeping right from front to back, step right back sweeping left from front to back
7&8 Step left behind right, turn 1/8 right step right to right, cross left over right (12:00)

[17 - 24]: Side, 1/4 Heel Bounce x3, Heel Switches, Step Body Roll

1-4 Step right to right, turn 1/4 left bouncing heels 3 times transferring weight onto left (9:00)

Restart 1. 6th time Part A is danced, Dance Tag 1 then Restart with Part A

Restart 2. 8th time Part A is danced, Dance Tag 2 then Restart with Part B

5&6& Touch right heel forward, step right beside left, touch left heel forward, step left beside right
7-8 Step right forward, body roll up

[25 - 32]: Ball Rock, Coaster Step, Rock, 1/2 Turn Shuffle

&1-2 Step left beside right, rock right forward, recover weight onto left
3&4 Step right back, step left beside right, step right forward
5-6 Rock left forward, recover weight onto right
7&8 Turn 1/2 left step left forward, step right beside left, step left forward (3:00)

Part B: 32 counts

[01 - 08]: Forward, Forward, Together, Hold, Twist Toe Heel, Drop, Hold

1&2 Step right forward, step left forward, step right beside left
3-4 Hold for 2 counts
5&6 Twist both toes left, twist both heels to center, bend both knees
Note Keep knees bent until they straighten in the next section
7-8 Hold For 2 counts (weight on left)

[09 - 16]: Back, Back, Together, Hold, Twist Toe Heel, Lift, Hold

1&2 Step right back, step left back, step right beside left
3-4 Hold for 2 counts
5&6 Twist both toes right, twist both heels to center, straighten knees
7-8 Hold for 2 counts (weight on right)

[17 - 24]: Side, Point, Side, Point, Side, Cross, Point, Hold

1-2 Step left to left dip body from right to left, point right to right
3-4 Step right to right dip body from left to right, point left to left
5&6 Step left to left, cross right over left, point left to left

7-8 Hold for 2 counts

[25 - 32]: Full Turn Run Around, Sweep, Jazzbox Cross

1&2 Turn $\frac{1}{2}$ left step left forward, turn $\frac{1}{4}$ left step right forward, turn $\frac{1}{4}$ left step left forward (12:00)

3-4 Sweep right slightly in the air from back to front over 2 counts

5-6 Cross right over left, step left back

7-8 Step right to right, cross left over right

Tag 1: After 20 Counts of the 6th time Part A is danced, Restart with Part A

1 Step right to right

2-4 With hands together lift hands above head

5-8 Open hands to both sides transfer weight onto left

Tag 2: After 20 Counts of the 8th time Part A is danced, Restart with Part B

1 Step right to right

2-3 With hands together lift hands above head

4 Open hands to both sides transfer weight onto left
