

Xanadu

COPPER KNOB
BY STEPHEN HARRIS

拍數: 32 牆數: 2 級數: Improver
編舞者: Ron Harris (CAN) - August 2021
音樂: Xanadu - Olivia Newton-John



#16 count intro
Tag beginning of wall 4

Section 1: [1-8] On the spot single toe touch and 3 heel bounces (2x)

1-4 touch R toe on the spot and bounce R heel 3 times
5-8 touch L toe on the spot and bounce L heel 3 times

Section 2: [9-16] Rocking chair, 1/4 turn left, then vine to the right

9-10 step R forward, recover on the left
11-12 step R back, recover on the L
13-14 turning 1/4 turn left, Step right on the R, step L behind R
15-16 Step R to the right, Touch L beside R

Section 3: [17-24] Step forward on the L, Point R out to the right Cross point (3x)

17-18 step forward on the L point R toe to the right side
19-20 cross R over L with weight on R, point L toe to the left side
21-22 cross L over R with weight on L, point R toe to the right side
23-24 cross R over L with weight on R, point L toe to the left side

Section 4: [25-32] Step forward on L touch R behind L, step back on R touch L in front of R, step forward on L, scuff with R turning 1/4 turn left, rock on R recover L

25-26 step forward on L, touch R behind L
27-28 step back on R, touch L in front of R
29-30 step forward on L, scuff R while turning left
31-32 step on R, recover on L

Repeat

Tag at beginning of wall 4, the second time on the 6 o'clock position
A rocking chair: step R forward, recover on the left, step R back, recover on the L
Then restart the dance

At the end of the dance when returning to the 12 o'clock position
Complete the toe and heel bounces on the R and L feet, raise arms above the head and slowly lower arms to shoulder height and hold for count of 8.
