

Starlight Slow Step

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
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音樂: Starlight - Yola



(2 beats = 1 count; 16 count intro) No tags, no restarts

HIP ROCKS, STEP TOE STEP HEEL, COASTER CROSS &

- 1&2 Rock hips forward as you step forward on your right foot, rock hips backward, rock hips forward
- 3&4 Rock hips forward as you step forward on your left foot, rock hips backward, rock hips forward
- 5&6& Step forward on your right foot, touch your left toe backward, step on your left foot, touch your right heel forward
- 7&8& Step right foot backward, step left next to right, cross right over left, step left foot slightly to the left side

CROSS, GRAPEVINE LEFT, RIGHT & LEFT HEEL TOE HEEL STEP

- 1-2 Cross right foot over left, step left foot on the left side
- 3-4 Cross right foot behind left, step left foot on the left side
- 5&6& Touch right heel forward, touch right toe next to left, touch right heel forward, step right foot next to left
- 7&8& Touch left heel forward, touch left toe next to right, touch left heel forward, step left foot next to right

CHARLESTON CROSS, RIGHT SIDE LEFT SIDE MAMBO STEPS

- 1-2 Cross right toe over left foot, step right next to left
- 3-4 Cross left toe behind right foot, step left next to right
- 5&6 Step right foot to the right side as you rock to the right, rock to the left, step right next to left
- 7&8 Step left foot to the left side as you rock to the left, rock to the right, step left next to right

ROCK, SAILOR ¼ TURN RIGHT, LOCK STEP, SYNCOPATED ROCKING CHAIR

- 1-2 Rock forward as you step right foot forward, rock back on left
- 3&4 Cross right foot ¼ turn right behind left, step left next to right, step right slightly forward
- 5&6 Step left foot forward, cross right foot behind left, step left foot forward
- 7&8& Rock forward as you step right foot forward, rock back on left, rock backward as you step right foot backward, rock forward on left.

Repeat, add your own style & have fun!!

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