

# High Horse

COPPERKNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Low Improver  
編舞者: Shelli Blake (USA), Rob Fowler (ES) & I.C.E. (ES) - 14 August 2021  
音樂: High Horse - Nelly, BRELAND & Blanco Brown



**Intro: 16 counts (approx. 9 secs) - Start on vocals**

**S1 [1-8] Walk Forward R, L, Touch R, Heel Twist, Walk Back R, L, Back R, L Heel, Shimmy Shoulders**

1-2            Walk forward R, L  
3&4            Touch R forward, twist both heels to R, return to center (weight on L)  
5-6            Walk back R, L  
&7            Step back on R, touch L heel forward  
&8            Shimmy shoulders L, R

(option: instead of the shoulder shimmies, you can lasso your R arm overhead, like roping cattle)

**RESTART 1: During Wall 3 dance up to and including count 8 then RESTART facing 6:00.**

**S2 [9-16] Step L, Forward R, Pivot ¼ L, R Samba, Cross L, Back R, Side Shuffle L**

&1-2            Step L next to R, step forward on R, make a ¼ turn L (weight on L) 9:00  
3&4            Cross R over L, rock L to L side, recover on R  
5-6            Cross L over R, step back on R  
7&8            Step L to L side, step R next to L, step L to L side

**RESTART 2: During Wall 6 dance up to and including count 16 then RESTART facing 9:00.**

**S3 [17-24] Cross Heel Dig R, L, Step L, Forward R, Hook L, Back L, R Coaster**

1-2            Cross R heel over L foot, fanning toes from L to R  
&3-4            Step R next to L, cross L heel over R foot, fanning toes from R to L  
&5            Step L next to R, step forward on R  
&6            Hook L behind R (and slap L foot with R hand), step back on L  
7&8            Step back on R, step L next to R, step forward on R

**S4 [25-32] Skate L, Skate R, Shuffle Forward L, Forward R, Pivot ½ L, Full Turn L**

1-2            Swivel on ball of L foot pushing off toward L diagonal, changing weight to R foot swivel on ball of R foot toward R diagonal  
3&4            Step forward on L, step R next to L, step forward on L  
5-6            Step forward on R, make a ½ turn L (weight forward on L) 3:00  
7-8            Make a ½ turn L stepping back on R, make a ½ turn L stepping forward on L

(non-turning option: walk forward R, L)

**Start Over**

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