

Rhythm Of The Night -Ez

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner +
編舞者: Annemaree Sleeth (AUS) - February 2021
音樂: Rhythm of the Night - DeBarge : (CD: Best Of De Barge)



I Have Written This For My Dancers At Sherbrooke U3a
Start After Instrumental just before " When" It Feels

S 1 (1 - 8) WALK WALK SIDE RECOVER FORWARD X 2 R & L

1-2 Step Right Forward, Step Left Forward
3&4 Rock Right Side , Recover Left, Cross/Step Right Forward
5-6 Step Left Forward, Step Right Forward
7&8 Rock Left Side, Recover Right, Cross Left Forward - 12.00

S 2 (9 -16) BACKS, BACK LOCKING SHUFFLE , BACKS, COASTER

1-2 Slide/Step Right Back Slide/Step Left Back
3&4 Step Right Back, Step Left Beside Right, Step Right Back (12)
5-6 Slide/Step Left Back, Slide/Step Right Back
7&8 Step Left Back, Step Right Beside Left, Step Left Forward "

Restart During Wall 4 Here Facing 3.00

S3 (17 - 24) 1/4R, SIDE RECOVER, SIDE TOUCH, HIPSWAYS, SIDE TOUCH (9.00)

1-2 ¼ Right Rock Right Side, Recover Sway Left (wgtL)
3-4 Push Large Right, Touch Left Beside Right
5-6 Step Left Side Sway/Wiggle L,R (wgtR)
7-8 Push Large Step To Left Side, Touch Right Beside Left

Sway arms Right and Left on the Sways

Note Counts 3 and 7 Are Long in timing 33- 4 77- 8

S 4 (25 - 32) BACK 3, TOUCH, BACK 3 ,TOUCH (KNEE POPS BATCHA HIPS)

1-2 Step Right Back Popping Knee L Knee, Step Left Back , Popping R Knee
3&4 Step Right Back, Touch Left Toe Forward ,Bounce Left Hip Up(&), Then Down(8) (Wgt R)
5-6 Step Left Back Popping R Knee, Step Right Back Popping Left Knee,
7&8 Touch Right Toe Forward, bounce R Hip Up(&) Then Down (8)

Finishes to the front

Begin Again

RESTART WALL 4 After 16 Counts (Coaster) Facing 3 .00

Ending Finish Wall 14 Dance First 4 Counts

Have Fun With Arm Movements On Sways as you dance Feel the music

Arms Up Above Head At The Beginning Of Walls For Fun

Watch The Video On Annemaree Sleeth Youtube

Email- Inlinedancing@Gmail.Com