

Soul Food

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Silvia Schill (DE) - August 2021
音樂: Soul Food - Keith Urban



no restarts, no tags

The dance begins after 48 beats with Every Night That I've Been last update 03.04.2023

Rock side, shuffle across r + l

1-2 Step right with right - weight back on LF
3&4 Cross RF far over left - small step left with left and cross RF far over left
5-6 Step left with left - weight back on RF
7&8 Cross LF far over right - small step right with right and cross LF far over right

Side, behind, ¼ turn r/chassé forward, step, pivot ½ r, shuffle forward

1-2 Step right with right - cross LF behind right (bend knees a little)
3&4 ¼ turn right around and step forward with right - move LF next to right and step forward with right (3 o'clock)
5-6 Step forward with left - ½ turn right around on both balls, weight at the end right (9 o'clock)
7&8 Step forward with left - move RF next to left and step forward with left

Rocking chair, step, pivot ½ l 2x

1-2 Step forward with right - weight back on LF
3-4 Step back with right - weight back on LF
5-6 Step forward with right - ½ turn left around on both balls, weight at the end left (3 o'clock)
7-8 As 5-6 (9 o'clock)

Jazz box with cross, side, touch/snap r + l

1-2 Cross RF over left - step back with left
3-4 Step right with right - cross LF over right
5-6 Step right with right - touch LF next to right/snap
7-8 Step left with left - touch RF next to left/snap

Repeat to the end

Last Update - 3 April 2023 - R1
