

# Panama

**COPPER KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Hotma Tiarma Purba (INA) & Wandy Hidayat (INA) - August 2021  
音樂: Panama - Matteo



No tag and no restart!

Intro: 8 counts

## I. CROSS, SIDE, SAILOR STEP, CROSS, SIDE, SAILOR ¼ TURN

1-2            Cross RF over LF, step LF to side  
3&4           Cross RF behind LF, step LF to side, step RF to side  
5-6           Cross LF over RF, step RF to side  
7&8           ¼ Turn L cross LF behind RF, step RF to side, step LF to side (9.00)

## II. CROSS, SIDE, CROSS SHUFFLE, ROCK SIDE, SAILOR ¼ TURN

1-2            Cross RF over LF while bend knee, step LF to side  
3&4           Cross RF over LF, step LF to side, cross RF over LF  
5-6           Rock LF to side, recover on RF  
7&8           ¼ Turn L cross LF behind RF, step RF to side, step LF to side (6.00)

## III. BOOGIE WALK BACK, COSTER STEP, ½ R FLICK, SHUFFLE

1-2            Step RF back while LF heel in, step LF back while RF heel in  
3&4           Step RF back, close LF next to RF, step RF forward  
5-6           Step LF forward, ½ turn R step RF in place and flick LF (12.00)  
7&8           Step LF forward, step RF next to LF, step LF forward

## IV. SIDE, CLOSE, CROSS, CHASSE, ¼ R CHASSE, CROSS MAMBO

&1-2          Step RF to side, close LF next to RF while push body to R, cross RF over LF  
3&4           Step LF to side, close RF next to LF, step LF to side  
5&6           ¼ Turn R step RF to side, close LF next to RF, step RF to side (3.00)  
7&8           Cross LF over RF, recover on RF, step LF to side

Enjoy the dance!

Contact: [hottiepurba@yahoo.com](mailto:hottiepurba@yahoo.com) & [hidayatwandi73@gmail.com](mailto:hidayatwandi73@gmail.com)