

Black & Gold

拍數: 32 牆數: 4 級數: High Improver
編舞者: YoungSoon Song (KOR) - August 2021
音樂: Black & Gold - Sam Sparro



No Tag, No Restart

S1: FORWARD/SHUFFLE/FORWARD WITH SHOULDER ROTATION R/L/R, OUT, OUT, RONDE, SIDE

1-2& RF Step Forward with rotation right shoulder(1), LF Step Forward with rotation left shoulder(2), RF Together and keep rotation left shoulder(&)
3-4 LF Step Forward and keep rotation left Shoulder(3), RF Step Forward with rotation right shoulder(4)
5-6 LF Out(5), RF Out(6)
7-8 LF Ronde 7), RF Recover(8)

S2: FLICK/RECOVER, BALL, CROSS, TWIST 1/2 TURN L, 1/2 TURN R/KICK SIDE, CROSS, SIDE SHUFFLE

1-2& RF Flick left diagonally(1), RF Recover(2), LF Ball to Center(&)
3-4 RF Cross Over(3), BF Twist 1/2 Turn L(weight on LF)(6:00)(4)
5-6 1/2 Turn R weight in RF with LF Kick to left(12:00)(5), LF Cross Over(6)
7&8 RF Step R(7), LF Together(&), RF Side(8)

S3: HOLD, TOGETHER, ROCK/RECOVER, BEHIND, 1/4 TURN L, FORWARD, KICK BALL STEP, KICK BALL

1&2 Hold(1), LF Together(&), RF Rock R(2)
3-4& LF Recover(3), RF Cross Behind(4), LF 1/4 Turn L Step Forward(9:00)(&)
5-6& RF Step Forward(5), LF Kick Forward(6), LF Ball Together(&)
7&8 RF Step Forward(7), LF Kick Forward(8), LF Ball Together(&)

S4: V STEP, PIVOT 1/4 TURN L x2

1-2 RF Out(1), LF Out(2)
3-4 RF In(3), LF In(4)
5-6 RF Step Forward(5), LF Pivot 1/4 Turn L(6:00)(6)
7-8 RF Step Forward(7), LF Pivot 1/4 Turn L(3:00)(8)
