Dance The Rain Away



拍數: 32 牆數: 4 級數: Improver

編舞者: Dee Musk (UK) - August 2021

音樂: Rain - Sananda Maitreya: (Album: Sananda Maitreya - Introducing the Hardline

According to Terence Trent D'Arby.)



One Restart - One 4 Count Tag.

#16 Count Intro from the Heavy Beat - Approx 22 seconds from the beginning of the music. BPM 104. Track approx 2 mins 58 secs. Track available from iTunes.co.uk.

Right Samba, Left Samba, ¾ Volta Turn Right, Shoulder Pop Left and Right.

1&2 Cross R over L, rock L to L side, recover weight to R.

3&4 Cross L over R, rock R to R side, recover weight to L. (Prep for the 3/4 Volta turn R).

5&6&7 Turning R step R, L, R, L, R to make a ¾ Volta turn (R ends crossed over L with weight on

R).

&8 Pop L shoulder, pop R shoulder (or any variation you prefer). (9 o'clock).

Left Rumba Box Forward, Right Rumba Box Back, Shuffle ½ Turn Left, Out, Out, In, In.

1&2 Step L to L side, close R beside L, step forward on L.3&4 Step R to R side, close L beside R, step back on R.

5&6 Shuffle ½ turn L stepping L, R, L. (Weight ends forward on L).

&7&8 Step out R, step out L, step in R, step in L. (3 o'clock).

*Restart during Wall 2 begin again facing 12 o'clock.

Walk Forward Right, Left, Step Forward, Together, Back, Walk Back Left, Right, Step Back, Together, Forward.

1,2 Walk forward R, walk forward L.

&3,4 Step forward on R, close L beside R, step back on R.

5,6 Walk back L, walk back R.

&7,8 Step back on L, close R beside L, step forward on L. (3 o'clock).

Step Forward Right, ½ Turn Right, Right Coaster Step, Step Forward Left, ½ Turn Left, Shuffle ½ Turn Left with Sweep.

1,2 Step forward on R, make a reverse ½ turn R stepping back on L.

3&4 Step back on R, close L beside R, step forward on R.

5,6 Step forward on L, make a reverse ½ turn L stepping back on R.

7&8 Shuffle ½ turn L stepping L, R, L sweeping R from behind to in front of L (9 o'clock). (Alternative steps for counts 5-8 - walk L, walk R, shuffle forward L sweeping R to in front of L).

**Tag during wall 5 after 16 Counts - add a Right Jazzbox then restart facing 9 o'clock. Right Jazzbox

1-4 Cross R over L, step back on L, step R to R side, step forward on L.

Finishes facing the front - Ta Dah!!! Enjoy

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^{**}Tag during Wall 5 - add the 4 count Tag and begin again facing 9 o'clock.

^{*}Restart during wall 2 after 16 Counts - begin again facing 12 o'clock.