

Astronaut In The Ocean

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Mitra Bubu (INA) - August 2021
音樂: Astronaut In The Ocean (feat. Dede Omat) (Dangdut Version) - Paijo : (Cover)



I. SQUARING SIDE SHUFFLES

1&2 R step to right(1) - L step next to R(&) - R step to right(2)
3&4 turn ¼ to left(09.00) then L step to left(3) - R step next to L(&) - L step to left(4)
5&6 turn ¼ to left(06.00) then R step to right(5) - L step next to R(&) - R step to right(6)
7&8 turn ¼ to left(03.00) then L step to left(7) - R step next to L(&) - L step to left(8)

II. CROSS ROCK - SIDE - CROSS ROCK - SIDE - HIP BUMPING TO RIGHT - HIP BUMPING TO LEFT

1&2 R cross over L(1) - recover to L(&) - R step to right(2)
3&4 L cross over R(3) - recover to R(&) - L step to left(4)
5&6 recover to R with hip bumping action to right(5) - recover to L(&) - recover to R with hip bumping action to right(6)
7&8 recover to L with hip bumping action to left(7) - recover to R(&) - recover to L with hip bumping action to left(8)

III. HALF RUMBA BOX - HALF RUMBA BOX - FORWARD MAMBO - COASTER STEP

1&2 R step to right(1) - L step next to R(&) - R step forward(2)
3&4 L step to left(3) - R step next to L(&) - L step forward(4)
****Restart here**
5&6 R step forward(5) - recover to L(&) - R step backward(6)
7&8 L step backward(7) - R step next to L(&) - L step forward(8)

IV. OUTWARD STEP - BALL CHANGE - OUTWARD STEP - BALL CHANGE - CUMBIA STEPS

1&2 R step forward diagonally to right(1) - L step next to R on ball(&) - R step in place(2)
3&4 L step forward diagonally to left(3) - R step next to L on ball(&) - L step in place(4)
5&6 R step behind L(5) - L step in place(&) - R step to right(6)
7&8 L step behind R(7) - R step in place(&) - L step to left(8)

RESTART: On Wall 4

Dance normally from count 1(Session 1, count:1) until count 20 (Session 3, Count: 4).

For a nice Restart, do the Step Changing below for the next counts(&5-6):

I. TURN ¼ TO LEFT - SIDE ROCK - CLOSE TOUCH

&5 turn ¼ to left(12.00) then R step to right(&) - recover to L(5)
6 R touch next to L on toe(6)

ENJOY THE DANCE

For more information, please contact me on: mitrabubu47@gmail.com