

# Quicksand

**COPPER KNOB**  
STEPPERS

拍數: 32                      牆數: 2                      級數: Improver  
編舞者: Liz Atkinson (USA) & Dee Fisher (USA) - August 2021  
音樂: Quicksand - Sahara



## #16 count introduction

### S1: STEP, SAMBA STEP, SAMBA STEP, CROSS, HINGE 1/4L, BACK, 1/4L, HITCH

1, 2 & 3            Step RF fwd, step LF fwd, rock RF to R side, rcvr onto LF  
4 & 5                Step RF fwd, rock LF to L side, rcvr onto RF  
6 & 7                Cross LF over RF, step RF to R side, turn 1/4L and step LF to L side (09:00)  
8 & 1                Step RF back, turn 1/4L and step LF fwd, hitch R knee (6:00),

### S2: SIDE ROCK, RCVR, TCH, SIDE, BEHIND, SIDE, TOUCH, DIAG. SHUFFLE

2 & 3                Rock RF to R side, rcvr LF, touch RF beside LF  
4 & 5, 6            Step RF to R side, step LF behind RF, (elongated) step RF to R side, tch LF beside RF  
7 & 8                Shuffle forward on the diagonal LF-RF-LF

**\*RESTART here on wall 4**

### S3: ROCK FWD, RCVR (SWEEP), BACK (SWEEP), BEHIND, SIDE, CROSS, 1/4R SHUFFLE, 1/4L SHUFFLE

1, 2, 3            Rock RF fwd, rcvr onto LF as RF sweeps front to back, step RF back as LF sweeps front to back  
4 & 5                Step LF behind RF, step RF to R side, cross LF over RF  
6 & 7                1/4R shuffle RF-LF-RF (9:00)  
8 & 1                1/4L shuffle LF-RF-LF (6:00)

### S4: SIDE, TOUCH, SIDE, SAILOR FWD, FWD MAMBO, BACK MAMBO

2 & 3                Step RF to R side, touch LF beside RF, step LF to L side  
4 & 5                Step RF behind LF, step LF to L side, step RF fwd  
6 & 7                Rock fwd onto LF, rcvr RF, step LF beside RF  
8 &                 Rock back onto RF, rcvr LF, (Stepping RF fwd begins the dance on count 1, S1)

**\*RESTART after 16 counts on wall 4 (starts at 6:00).**

**You will be facing the 12:00 as you restart after the LF shuffle.**

**\*TAG: At the end of wall 6 facing 12:00: 1,2 Rock fwd onto RF (1), recover LF(2)**

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