

The Ark

拍數: 32 牆數: 2 級數: Low Intermediate
編舞者: Mariela Barcia (ARG) & Sergio Alejandro (ARG) - June 2021
音樂: Same Boat - Zac Brown Band



RF = right foot - LF = left foot

[1-8] STEP SLIDE-STEP, STEP-LOCKE-STEP, HOOK. (X 2)

1-2 RF long step back. Slide back LF step beside RF.
3&4& RF step forward. LF locked step (behind RF). RF step forward. LF hook behind.
5-6 LF long step back. Slide back RF step beside LF.
7&8& LF step forward. RF locked step (behind LF). LF step forward. RF hook behind.

[9-16] SCISSOR CROSS, STEP, ½ TURN STEP. (X2)

1&2 RF side step. LF step next to RF. RF crossed step (over the LF)
3-4 LF side step. ½ turn (to the right) RF step
5&6 LF side step. RF step next to LF. LF crossed step (over the RF)
7-8 RF side step. ½ turn (to the left) LF step (*)

[17-24] ROCK (X2), ¼ TURN STEP, STEP, GRAPEVINE, ½ TURN HOOK STEP (X2)

1&2& RF side rock. Recover the weight on the LF. RF rock back. Recover the weight on the LF
3-4 ¼ turn (to the right) step RF. LF step shortly forward.
5&6 RF short step (side-diagonally forward). LF crossed step behind RF. RF side step.
7-8 ½ turn LF hook step. ½ turn RF hook step.

[25-32] DOROTHY STEP, PENDULUM, ¼ TURN JAZZBOX.

1 LF step (diagonally forward).
2&3 RF step to the left (diagonally back, next-behind LF). LF step back beside RF. RF step to the right (diagonally forward)
4-5 LF pendulum movement to the right (over RF). LF pendulum to the left (over RF)
6 ¼ turn (to the right) LF crossed step (over the RF).
7-8& RF step (shortly back). LF short side step.

(*) INTRO: at the beginning, there is an intro with 16 counts (you must dance the first sixteen counts of the choreo) and then restart dancing -the first wall of the dance, facing 12:00, from the count No.1).

TAG: (32 counts. After the 5th sequence)

[1-8] SCUFF OUT-OUT, CLAP X2. (TWICE)

1&2 RF side step (diagonally forward). scuff. RF side step. LF side step.
3-4 clap (twice)
5&6 RF scuff. RF side step. LF side step.
7-8 clap (twice)

[9-16] GRAPEVINE X2, ½ TURN, GRAPEVINE X2

1&2& RF side step (diagonally forward). LF step to the right (crossed behind RF). RF side step. LF scuff beside RF
3&4& LF side step (diagonally forward). RF step to the left (crossed behind LF). LF side step). ½ turn scuff RF
5&6& RF side step (diagonally forward). LF step to the right (crossed behind RF). RF side step. LF scuff beside RF
7&8 LF side step (diagonally forward). RF step to the left (crossed behind LF). LF side step).

[17-24] SCUFF OUT-OUT, CLAP X2. (TWICE)

1&2 RF side step (diagonally forward). scuff. RF side step. LF side step.
3-4 clap (twice)
5&6 RF scuff. RF side step. LF side step.
7-8 clap (twice)

[25-32] GRAPEVINE X2, ½ TURN, GRAPEVINE, STEP-SLIDE-STOMP

1&2& RF side step (diagonally forward). LF step to the right (crossed behind RF). RF side step. LF scuff beside RF
3&4& LF side step (diagonally forward). RF step to the left (crossed behind LF). LF side step). ½ turn (to the left) scuff RF
5&6& RF side step (diagonally forward). LF step to the right (crossed behind RF). RF side step. LF scuff beside RF
7-8 LF long step to the left. RF slide (to the left) and stomp beside LF.

ENDING (sq. No.7): The last sequence has only 8 counts and the ending steps:

1&2 LF short side rock, recover the weight on the LF, RF long step back.
3-4 LF slide back finishing over RF. Hold

HAVE FUN & ENJOY IT !!!!!!!!!
