

# Lone Country Nights

拍數: 32      牆數: 2      級數: Improver  
編舞者: Urban Danielsson (SWE) - August 2021  
音樂: Lone Country Nights - Robin Winther : (CD: Lone Country Nights)



#32 counts intro, Restart on wall 3 after 16 counts, tag after wall 5.

## Section 1: Side, together, shuffle back, back-lock-step, coaster step

1 - 2            Step right to right side, step left next to right  
3&4            Step right foot back, step left next to right, step right foot back  
5&6            step left foot back, lock-step right foot in front of left, step left foot back  
7&8            Step right foot back, step left foot next to right, step right foot forward

## Section 2: Step, turn 3/8, rock-recover-back, shuffle ½, shuffle ½

9 - 10          Step left forward, turn 3/8 to right and step right small step forward (4:30)  
11&12         Rock left foot forward, recover weight onto right, step left foot back  
13&14         Turn ¼ right step right to right side (still on the diagonal), step left next to right, turn ¼ right  
                 step right foot forward (1:30)  
15&16         Turn ¼ right step left to left side, step right next to left, turn 3/8 right step left foot back (6:00 -  
                 facing body to right diagonal)

**Note: Restart here (after 16 counts) on wall 3**

## Section 3: Side, cross, rock-recover-step, walk x 2, anchor step

17 - 18         Step right to right side, step left across in front of right  
19&20         Rock right to right side, recover weight onto left, turn 1/8 left step right forward (4:30)  
21 - 22         Step left foot forward, step right foot forward  
23&24         Step left foot behind right (3rd position), recover weight onto right foot, step left foot  
                 backwards

## Section 4: ½ turn, ½ turn, coaster step, cross, side, heel, together, cross, side, touch

25 - 26         Turn ½ right step forward on right foot, turn ½ right step back on left (4:30)  
27&28         Turn 1/8 right step back on right foot (6:00), step left next to right, step right foot forward  
29&30&         Cross left foot cross in front of right, step right foot to right side, dig left heel diagonal forward,  
                 step left next to right  
31&32         Step right foot cross in front of left, step left foot to left side, touch right toes next to left

**RESTART and ENJOY!**

## Tag: After wall 5 facing 6:00: Pivot ½ turn x 2

1 - 2            Step right foot forward, turn ½ turn left and step down on left foot  
3 - 4            Step right foot forward, turn ½ turn left and step down on left foot

**Note: Can be replaced with a rocking chair (rock right forward, recover weight onto left, rock right back, recover weight onto left)**

**Ending: Dance the 2 first counts and pose, you will be facing the front wall.**