Rainbow Connected

拍數: 24 **牆數:** 4 **級數:** Improver waltz

編舞者: Sobrielo Philip Gene (SG) - August 2021

音樂: The Rainbow Connection - Sarah McLachlan

或: Rainbow Connection - Kermit

Intro: 24 Counts @0.16

[1-6] LEFT TWIKLE, ¼ BACK 3/8 STEP SIDE

1-3	Cross LF over RF (1), rock RF to right (2), recover onto LF (3)
4-6	Cross RF over LF (4), making ¼ right step LF back (5), making 3/8 right step RF to right (6) (7:30)

[7-12] 'S' SHAPE RUNS

1-3	Step LF forward (7.30) (1), step RF 1/8 left beside RF (6.00) (2), step LF 1/8 left forward (3) (4.30)
4-6	Step RF forward (4.30) (4), step LF 1/8 forward right (6:00) (5), step LF 1/8 right forward (6)(7.30)

Note: If steps are too confusing, think about being at the bottom of the letter "S" and RUNNING up to the top OF THE "S" shape OR check out video

[13-18] WEAVE, STEP HIP SWAY

1-3	1/8 left Cross LF over RF (1), step RF to right(2), Cross LF behind it RF (3) (6:00)
4-6	Step RF to right and sway hips to right (4), sway hips to left (5), sway hip to right (6)

[19-24] STEP ROCK BACK, STEP ¼ SIDE ROCK

1-3	Step LF to left (1), rock RF behind LF (2), recover onto left (3)
4-6	Step RF forward (4), making ¼ right rock LF to left (5), recover onto right (6) (9:00)

Tag: Wall 5(12:00)

1-3	Cross LF over RF (1), rock RF to right (2), recover onto LF (3)
4-6	Cross RF over LF (1), rock LF to right (2), recover onto RF (3)

Wall 9 (6:00)
Dance up to counts 18, hold for 3 counts and restart dance.

Restarts work for both songs on the same walls