

Habit

拍數: 48 牆數: 4 級數: Improver
編舞者: Sonny V. (DE) - 7 August 2021
音樂: Habit - Laurell



Intro: 16 counts // *1 Restart in wall 5 after 32& cts.

[1-8] Side, Behind, Kick Ball Cross, Side, Behind, Kick Ball Cross

1-2 LF left - RF behind LF
3&4 LF kick fwd. - L ball next to RF - RF cross over LF
5-6 LF left - RF behind LF
7&8 LF kick fwd. - L ball next to RF - RF cross over LF

[9-16] Side, Touch, Chassé R, Behind, Side, Cross & Cross &

1-2 LF left - RF touch next to LF
3&4 RF right - LF next to RF - RF right
5-6 LF behind RF - RF right
7&8& LF cross RF - RF slightly right - LF cross RF - RF slightly right

[17-24] Cross Rock, Recover, Coaster Step, Paddle ¼ Turn L, Paddle ¼ Turn L, Coaster Step

1-2 LF cross rock over RF - recover on RF
3&4 LF back - RF next to LF - LF fwd.
5-6 turn ¼ left and point RF (9:00) - turn ¼ left and point RF (6:00)
7&8 RF back - LF next to RF - RF fwd.

[25-32] Step, Touch, Step Lock Step, Paddle ¼ Turn R, Paddle ¼ Turn R, Heel & Heel &

1-2 LF fwd. - RF touch next to RF
3&4 RF fwd. - LF lock behind RF - RF fwd.
5-6 turn ¼ right and point LF (9:00) - turn ¼ right and point LF (12:00)
7&8& L heel fwd. - LF next to RF - R heel fwd. - RF next to LF

***Restart the dance here in wall 5 (12:00)**

[33-40] Point, Point, Behind Side Cross, Point, Point, Behind Side Cross

1-2 LF point fwd. - LF point side
3&4 LF behind RF - RF right - LF cross over RF
5-6 RF point fwd. - RF point side
7&8 RF behind LF - LF side - RF cross over LF

[41-48] Step ½ Turn Right, ¼ Turn Right Chassé Left, Back Rock, Recover, Side, Touch

1-2 LF fwd. - ½ turn right step on RF (6:00)
3&4 turn ¼ right LF left (9:00) - RF next to LF - LF left
5-6 RF rock back - recover on LF
7-8 RF right - LF touch next to RF

Start again and have fun!

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Last Update - 10 August 2021