

# Don't Throw It Away Boogie

COPPERKNOB  
STEPSHEETS

拍數: 48      牆數: 4      級數: Easy Improver  
編舞者: Helaine Norman (USA), Lilly Lee (TW) & Linda Yu (TW) - August 2021  
音樂: Don't Throw It Away - Keb' Mo'



Intro: 16 - Restart: 1

## I. Heel Struts Forward X2, Rock Recover, Back Coaster

1-4            Touch R heel forward, drop R toes; touch L heel forward, drop L toes  
5-6            Rock R forward, recover to L  
7&8            Step R back, step L together, step R forward

## II. Toe Struts Back X2, Rock Recover, Shuffle

1-4            Touch L toes back, drop L heel; touch R toes back, drop R heel  
5-6            Rock L back, recover to R  
7&8            Step L forward, step R together, step L forward

**\*ENDS HERE AT 12:00 DURING 6TH WALL. POSE.**

## III. Step Kick, Back Coaster; ¼ Turn Jazz Box (3:00)

1-2            Step R, kick L forward  
3&4            Step L back, step R together, step L forward  
5-8            Step R over, step L back, make ¼ right and step R side, step L over

## IV. Lindy, ¼ Turn Chase, Clap (9:00)

1&2            Step R side, step L together, step R side  
3-4            Rock L back, recover to R  
5-8            Step L forward, make ½ turn right and step R, step L, clap hands

**\*RESTART: DURING 5TH WALL FACING 9:00**

## V. Temptations

1-2            Rock R (diagonally forward) to right, recover back to L  
3-4            Rock R (diagonally forward) to right, recover back to L, hold  
5-6            Rock L (diagonally forward) to left, recover to R  
7-8            Rock L (diagonally forward) to left, recover to R, hold

**Optional for counts 4 & 8: Clap hands**

## VI. ¼ Pivot L Turn, ¼ Pivot L Turn, Jazz Box (3:00)

1-2            Step R forward, make ¼ pivot turn left and step L  
3-4            Step R forward, make ¼ pivot turn left and step L  
5-8            Step R over, step L back, step R side, step L together

**REPEAT**

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