

Dance Monkey

COPPER KNOB
STEPSHEETS

拍數: 128 牆數: 2 級數: Phrased Advanced
編舞者: Kate (KOR) - August 2021
音樂: Dance Monkey - Tones And I



Sequence : AB AB B Bridge B B
Introduction : 16Counts

Part A : 64 Counts

(Section 1) L WHISK, STATIONARY WALK, L WHISK, FULL TURN R SPOT VOLTA

1a2 Step Lf to L Side(1), Cross Rf behind Lf(a), Recover onto Lf(2)
3a4 Close Rf to Lf(3), Step Lf on the ball back(a), Recover onto Rf
5a6 Step Lf to L Side(5), Cross Rf behind Lf(a), Recover onto Lf(6)
7a8 1/2 Turn R Step Fwd Rf(7), Side Lf(a), 1/2 Turn, R Cross Rf over Lf (Making full Turn)

(Section 2) KICK, TOUCH, KICK, POINT, 1/4 TURN R, SIDE HIPROLLS

1&2& kick Lf diagonally ↗ (1), Step Lf next to Rf(n), Touch Rf toe together(2), Step Rf next to Lf(n)
3&4 Kick Lf diagonally ↗(3), Step Lf next to Rf(n), Point Rf to R side(4)
5&6 1/4 Turn R, Rock back Rf(5)3:00, Inplace Lf(n), Step Rf to R side(6)
7-8 Step Lf next to Rf (7), Step Rf to R side(8)

(Section 3) CROSS, 1/4TURN L SIDE, CARIOCA RUN x2, FULL UNWIND, HOLD, VOLTA

1a2a Cross rock Lf over Rf (1), 1/4 turn L Step Lf to L side(a) 12:00, Point Lf to L diagonally ↖(2),
Step Lf in place(a)
3a4a Cross rock Rf over Lf(3), Step Lf to L side(a), Point Rf to R diagonally ↗(4), Step Rf in
place(a)
5-6 Cross rock Lf over Rf(5), Unwind a full turn R ,weight onto R(6)
7a8 Hold(7), Step ball Lf to L side(a), Cross rock Rf over Lf(8)

(Section 4) 1/8 TURN L, FWD MAMBO, BACK SWEEP(RONDE), 1/8 TURN R FWD

1&2 1/8 Turn L, Step fwd Lf(1), Recover on Rf(n) Step back Lf(2) 1:30
34& Step Rf back, with sweeping Lf from front to back(3), Step Lf behind cross Rf(4), 1/8 turn R
Step Rf fwd(n) 12:00
5-6 Step Lf fwd(5), Step Rf next Lf
(from count 5 to 6 : raise your index finger and stretch your rightarm forward)
7-8 Step Lf in place(7), Step Rf in place(8)
(7 count : raise your left arm over your head in a circle)
(8 count : raise your right arm over your head in a circle)

(Section 5) 1/8 TURN L SAMBA BOX STYLE, 6/8 TURN R PADDLE, FORWARD

1a2 1/8 turn L Cross Lf over Rf(1) 10:30, Slightly back Rf ↘(a), Step Lf back with Rf knee hitch(2)
3a4 Step Rf back(3), Step Lf next to Rf(a), Step Rf fwd(4)
5-8 6/8 turn R(5678), Touch Lf to Lx3 (567), Step Lf fwd(8) 7:30

(Section 6) SAMBA BOX STYLE, 5/8 TURN R PADDLE, FORWARD

1a2 Cross Rf over Lf(1) 7:30, Slightly back Lf ↙(a), Step Rf back with Lf knee hich(2)
3a4 Step Lf back(3), Step Rf next to Lf(a), Step Lf fwd(4)
5-8 5/8 turn R(5678), Touch Rf to Lx3 (567), Step Rf fwd(8) 12:00

(Section 7) 1/4 TURN L, REVERSE VOLTAx2, CRUZADORS WALKSx2, 1/2 TURN L, SPOT VOLTA

1a2 1/4 turn L Cross Lf over Rf(1)9:00, Step Rf back(a), Step Lf in place 9:00
3a4 Step Rf slightly back ↘(3), 1/4 turn L Step Lf to L side(a) 6:00 Step Rf next to Lf(4)
5-6 Step Lf fwd(5), Step Rf fwd(6)

7a8 Step Fwd Lf(7), 1/2 Turn L, Side Rf(a), L Cross Lf over Rf 12:00

(Section 8) 1/4 TURN R, NATURAL VOLTAx2, CRUZADORS WALKSx2, 1/2 TURN R, SPOT VOLTA

1a2 1/4 turn R Cross Rf over Lf(1)3:00, Step Lf back(a), Step Rf in place
3a4 Step Lf slightly back ↙(3), 1/4 turn R Step Rf to R side(a) 6:00 Step Lf next to Rf(4)
5-6 Step Rf fwd(5), Step Lf fwd(6)
7a8 Step Fwd Rf(7), 1/2 Turn R, Side Lf(a), Cross Rf over Lf 12:00

Part B : 32 Counts

(Section 1) CROSS TOUCH, CROSS, 1/4 TURN L, TOUCH, BATUCADAS x4

1-2 Cross Lf over Rf(1), Touch Rf to R side(2)
3-4 Cross Rf over Lf(3), 1/4 turn L Touch Lf to L side(4) 9:00
5-a Touch Lf fwd with L hip makes a lift hiproll(5), Step Lf back check down(a) weight onto L
6-a R hip makes a lift hip roll(6), Step Rf back check down(a) weight onto R
7-8 L hip makes a lift hiproll(7), Step Lf back(8)

(Section 2) CROSS TOUCH, CROSS, 1/4 TURN L, TOUCH, BATUCADAS x4

1-2 Cross Rf over Lf(1), Touch Lf to L side(2)
3-4 Cross Lf over Rf(3), 1/4 turn L Touch Rf to R side(4) 6:00
5-a Touch Rf fwd with R hip makes a lift hiproll(5), Step Rf back check down(a) weight onto R
6-a L hip makes a lift hip roll(6), Step Lf back check down(a) weight onto L
7-8 R hip makes a lift hiproll(7), Step Rf back(8)

(Section 3) PLAIT x2, SAMBA LOCK STEP, STATIONARY WALK, FULL TURN L SPOT VOLTA

1-2 Swivel Lf diagonal L↖(1), Swivel Rf diagonal R↗(2)
3&4 Swivel Lf diagonal L↖(3), Step Rf behind Lf(n), Step Lf diagonal L(4)
5a6 Step Rf close Lf(5), Step Lf on the ball back(a), Recover onto Rf(6)
7a8 1/2 turn L Step Lf fwd(7), Step Rf Side(a), 1/2 Turn L Step Lf next Rf (Making full Turn)

(Section 4) PLAIT x2, SAMBA LOCK STEP, STATIONARY WALK, FULL TURN R SPOT VOLTA

1-2 Swivel Rf diagonal R↗(1), Swivel Lf diagonal L↖(2)
3&4 Swivel Rf diagonal R↗(3), Step Lf behind Rf(n), Step Rf diagonal R(4)
5a6 Step Lf close Lf(5), Step Rf on the ball back(a), Recover onto Rf(6)
7a8 1/2 turn R Step Rf fwd(7), Step Lf Side(a), 1/2 Turn R Step Rf next Lf (Making full Turn)

Bridge : 32 Counts, Free Style Moves

1-31 Total Free Style. Your Own Moves.
32 Weight onto R

Last Update - 19 August 2021
