

Damdaca Lambada

拍數: 64 牆數: 4 級數: Easy Intermediate
編舞者: Lily Kho (INA) - August 2021
音樂: Gadis Lambada - RAAAY : (Cover)



Intro: 32 Count

Section 1 CROSS, SIDE, KICK (L, R)

1, 2 cross R over left, step L to side
3, 4 cross R over left, kick L to side
5, 6 cross L over right, step R to side
7, 8 cross L over right, kick R to side

Section 2 ROCKING CHAIR, FORWARD SHUFFLE (R, L)

1, 2 step R forward, recover on L
3, 4 step R back, recover on L
5 & 6 step R forward, step L beside R, step R forward
7 & 8 step L forward, step R beside L, step L forward

Section 3 ROCK FORWARD, ½ TURN RIGHT FORWARD SHUFFLE, ¼ TURN LEFT, LEFT CHASSE

1, 2 step R forward, recover on L
3 & 4 make ½ turn R step R forward, step L beside R, step R forward
5, 6 step L forward, recover on L
7 & 8 make ¼ turn L step L to side, step R beside L, step L to side

Section 4 BOTAFOGO (L, R), ROCKING CHAIR

1 & 2 cross R over L, step L to L, step R in place
3 & 4 cross L over R, step R to R, step L in place
5, 6 step R forward, recover on L
*** Restart here on wall 1, step change for (5, 6)th count to pivot ¼ turn L ***
7, 8 step R back, recover on L
*** Restart here on wall 6 ***

Section 5 FORWARD MAMBO, BACK MAMBO, CUMBIA

1 & 2 rock R forward recover, step R beside L
3 & 4 rock R back recover, step L beside R
5 & 6 cross R behind L, recover on L, step R beside L
7 & 8 cross L behind L, recover on R, step L beside R

Section 6 STEP, SIDE TOGETHER SIDE, CHASSE (R, L)

1, 2 step R to side, step L beside R
3 & 4 step R to side, close L to R, step R to side
5, 6 step R to side, step R beside L
7 & 8 step L to side, close R to L, step L to side

Section 7 ROCK DIAGONALLY FORWARD, DIAGONALLY SWAY (R, L)

1, 2 step R diagonally, recover on L (with push hips back)
3 & 4 sway diagonally R, L, R (with push hips back)
5, 6 step L diagonally, recover on R (with push hips back)
7 & 8 sway diagonally R, L, R (with push hips back)

Section 8 PADDLE 1/2 TURN LEFT, JAZZBOX

1, 2 touch R toe forward, make ¼ turn left with hips

3, 4 touch R toe forward, make $\frac{1}{4}$ turn left with hips
5, 6 cross R over L, step L back
7, 8 step R to R, step L forward

Tag (after wall 5)

Section 1. POINT SIDE, HOLD (CLAP 2x)

1, 2 point to R side, hold (clap 2x)

Section 2. CROSS, SIDE, POINT (CLAP 2x)

1, 2 cross R over L, step L to side
3, 4 cross R over L, point L to side
5, 6 point L over R, step R to side
7, 8 cross L over R, point R to side (clap 2x)

Section 3. JAZZBOX, POINT

1, 2 cross R over L, step L back
3, 4 step R to side, step L forward
5, 6 point R to R, touch R beside L

Ending: On wall 8, repeat section 5

HAPPY DANCING !

CP: lily.kosasih71@gmail.com

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