

# Sent From Above

**COPPER** **KNOB**  
BY STEPHENETS

拍數: 32      牆數: 4      級數: Improver WCS  
編舞者: Martine Canonne (FR) & Martine Nageotte (FR) - August 2021  
音樂: Sent From Above - Dolly Parton : (iTunes - Single)



**Start : 16 counts**

## [1 - 8] WALKS R & L, SAILOR ¼ w/SKATE R, SKATE L, SKATE TURN ¼ R, MAMBO

- 1 - 2      Step RF fwd, step LF fwd (open your body diagonally right)
- 3 & 4      Cross RF behind LF, turn ¼ right stepping LF to left side, skate RF diagonally right fwd (03:00)
- 5 - 6      Skate LF diagonally left fwd, turn ¼ right with skate RF fwd (06:00)
- 7 & 8      Step LF fwd, recover onto RF, step LF next to RF and pushing your hips back (weight onto LF)

## [9 - 16] WALKS R & L, ANCHOR STEP, BACKS L & R, COASTER STEP

- 1 - 2      Step RF fwd, step LF fwd
- 3 & 4      Cross RF behind LF (3rd position), recover onto LF, step RF back
- 5 - 6      Step LF back, step RF back
- 7 & 8      Step ball LF back, step ball RF next to LF, step LF fwd

**\*\*\* RESTART here wall 4 face 09:00 \*\*\*\***

## [17 - 24] [SIDE ROCK, CROSS & CROSS] R & L

- 1 - 2      Step RF to right side, recover onto LF
- 2 & 3      Cross RF over LF, step LF to left side, cross RF over LF
- 5 - 6      Step LF to left side, recover onto RF
- 7 & 8      Cross LF over RF, step RF to right side, cross LF over RF

## [25 - 32] POINT R & L &, POINT R-TOUCH-BACK R w/ DRAG HEEL L, COASTER STEP, STEP- TURN 3/4-POINT

- 1 &      Touch point RF to right side, step RF next to LF
- 2 &      Toucher point LF to left side, step LF next to RF
- 3 & 4      Touch point RF to right side, touch RF next to LF, make a big step RF back and drag heel LF
- 5 & 6      Step ball LF back, step ball RF next to LF, step LF fwd
- 7 & 8      Step RF fwd, weight onto LF : make ¾ turn left, touch point RF to right side (09:00)

**FINAL : finish your dance after count 1 face 12:00**

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