

Signs

拍數: 32 牆數: 4 級數: Improver
編舞者: Mimmi Danielsson (SWE) - July 2021
音樂: Signs - Luca Hänni : (Bonus Track)



Intro: Spotify version: 16 counts from start of music

S:1 - Step RF Side, LF Together, R Chasse, LF Cross Rock, Triple Turn L

1,2 Step RF to R side, Step LF together
3&4 Step RF to R side, step LF next to RF, step RF to R side
5,6 Cross LF over RF, recover on RF
7&8 Turn ¼ L stepping down on LF, Turn ½ L back on RF, Turn ½ L fwd on LF

S:2 - Step RF Side, LF Together, R Chasse, LF Cross Rock, ¼ Chaseturn

1,2 Step RF to R side, Step LF together
3&4 Step R to R side, step L next to R, step R to R side
5,6 Cross LF over RF, recover on RF
7&8 Step LF to L side, step RF next to LF, Turn ¼ L fwd on LF

S:3 - Side Rock R, Side Rock L, ¼ Turn Sailor Step, Kick Ball Change

1,2 Rock RF to R, Recover to LF
&3,4 Step RF next to LF, Rock LF to L, Recover to RF
5&6 Cross LF behind RF, Make ¼ turn L stepping RF to R, Step LF fwd
7&8 Kick RF fwd, Recover on RF ball, Step down on LF

S:4 - Turning Toe strut, mambo×2

1,2 Step R Toe fwd, (bump R hip) and step down on RF
3,4 Turn ½ L step L toe fwd, (bump L hip) and step down on LF
5&6 Step RF fwd, recover to LF, step RF next to LF
7&8 Step LF back, recover to RF, Step LF next to RF

Tag 1: 20 counts after Wall 1 and 3

S:1- Rock Step, Shuffle back, Touch Unwind, Shuffle fwd

1,2 Step RF fwd, recover on LF
3&4 Step RF back, Step LF together, Step RF back
5,6 Touch L toe behind RF, Unwind ½ L end with weight on LF
7&8 Step RF fwd, Step LF next to RF, Step RF fwd

S:2- Rock Step, Shuffle back, Touch Unwind, Shuffle fwd

1,2 Step LF fwd, recover on RF
3&4 Step LF back, Step RF together, Step LF back
5,6 Touch R toe behind LF, Unwind ½ R end with weight on RF
7&8 Step LF fwd, Step RF next to LF, Step LF fwd

S:3 Rocking chair

1,2 Step RF fwd, recover to LF
3,4 Step RF back, recover to LF

Tag 2: 8 counts after Wall 2

S:1 Rock, Behind Side Cross, Rock, Behind Side Cross

1,2 Step RF to R side, recover on LF
3&4 Step RF behind LF, Step LF to L side, Cross RF over LF
5,6 Step LF to L side, recover on RF

7&8

Step LF behind RF, Step RF to R side, Cross LF over RF

Smile and start again
Good luck and Enjoy!

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