

My Open Arms

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate waltz
編舞者: Nini (INA) & Duma Kristina S (INA) - August 2021
音樂: Open Arms - Journey



Intro: 24 - Sequence: 48, 27 Tag & Restart, 48, 24, Restart, 48, 27 Tag & Restart, 48, 21

(1-6) Twinkle, Sweep, Behind, Side, 1/8 turn L, Forward

1 2 3 Cross LF over R (1), Step RF to R Side (2), Step LF to L side, Sweep RF back (3)
4 5 6 Step RF behind LF (4), Step LF to L side (5), 1/8 turn L Step RF forward (6) 10.30

(7-12) Forward, Hesitation, Back, 1/2 turn L, Forward

1 2 3 Step LF forward (1), Step RF Forward (2), Drag LF toward RF (3)
4 5 6 Step LF back (4), 1/4 turn L step RF back (5), 1/4 turn L, Step LF forward (6) 4.30

(13-18) Forward, Kick, Hitch, Back Twinkle

1 2 3 Step RF forward (1), Kick LF (2), Hitch LF make figure 4 (3)
4 5 6 Step LF back (4), step RF to R side (5), Step LF to L side (6) 7.30

(19-24) Back twinkle, Behind, Side, Drag

1 2 3 Step RF back (1), Step LF to L side (2), Step RF to R side (3) 4.30
4 5 6 Step LF behind RF (4), Step RF to R side (5) 6.00, Drag LF toward RF and bend knees, hold your hands (6)

***Restart - wall 4**

(25-30) Rolling vine L, Waltz Diamond

1 2 3 1/4 turn L step LF forward (1) 3.00, 1/4 turn L step RF back (2) 9.00, 1/4 turn L step LF to L side (3) 6.00.

***Tag & Restart here**

4 5 6 Cross RF over LF (4), 1/8 turn step LF to L side (5) 7.30, Step RF back (6)

(31-36) Waltz diamond, Twinkle

1 2 3 Step LF back (1), 1/8 turn R step RF to R side (2) 9.00, 1/8 turn R, Step LF forward (3) 10.30
4 5 6 Step RF forward (4), 1/8 turn R step L to L side (5) 12.00, step RF to R side diagonal (6) 1.30

(37-42) Forward, Forward Press, Coaster step

1 2 3 Step LF forward (1), Press RF forward (2), Recover on LF (3)
4 5 6 Step RF back (4), 1/8 turn L step LF next to RF (5) 12.00, Step RF forward (6)

(43-48) Forward, 1/8 turn L, Run L

1 2 3 Step LF forward (1), 1/2 turn L step RF next to LF (2) 6.00, Step LF forward (3)
4 5 6 Run R L R (down, up, up)

***Tag & Restart: on wall 2 & 6 after 27 counts (Start facing 12.00)**

Tag: 1-3 (Sway R L R) facing 12.00

Restart on wall 4 after 24 counts (Start facing 12.00)

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