

Simply Shake It

COPPERKNOB
BY STEPHEN T. C.

拍數: 32 牆數: 4
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音樂: Shake It - Casanovas

級數: Absolute Beginner



Intro: 32 counts

Section 1: 2 TOE STRUTS. FWD RLR, BRUSH

1 - 2 Point R toe fwd, lower R heel to floor
3 - 4 Point L toe fwd, lower L heel to floor
5 - 7 Step fwd RLR
8 Brush L fwd

Section 2: REPEAT LEADING WITH LEFT

1 - 2 Point L toe fwd, lower L heel to floor
3 - 4 Point R toe fwd, lower R heel to floor
5 - 7 Step fwd LRL
8 Brush R fwd

Section 3: ROCKING CHAIR. JAZZ BOX 1/8 TURN

1 - 2 Rock fwd on R, recover
3 - 4 Rock back on R, recover
5 - 6 Cross R over L, step back on L
7 - 8 Step to R on R with 1/8 turn to R. Close L beside R (1.30)

Section 4: REPEAT

1 - 2 Rock fwd on R, recover (still facing 1.30)
3 - 4 Rock back on R, recover (1.30)
5 - 6 Cross R over L, step back on L (1.30)
7 - 8 Step to R on R with 1/8 turn to R. Close L beside R (3 o'clock)
