

Sweet Little Madelyn

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4
編舞者: Forty Arroyo (USA) - July 2021
音樂: Madelyn - Anderson East

級數: Easy Intermediate



A Hayloft Floor Split Inspired by Darren Bailey's Int/Adv dance "Madelyn"

Starts after 16 count intro

[1-8] WALK R-L, BALL STEP, CLOSE, STEP, ¼ R, SWIVELS w/ ¼ L (ends at 12:00)

1,2 Walk forward R, L,
&3,4 Step ball of R to side, Step L in place, Step R next to L
5,6 Step forward on L, Pivot ¼ to right
7&8 Swivel heels to right, Swivel heels to left, Swivel heels to right as you turn ¼ left - weight on L

[9-16] BALL PRESS, KNEE POP, COASTER, ½ PIVOT, STEP, SHOULDER POPS (ends at 6:00)

1,2 Press ball of R forward, Recover weight on L as you pop R knee
&3,4 Step back on R, Step L next to R, Step forward on R
5,6 Step forward on L, Pivot ½ to right - weight on R
7 Step L to side - while popping R shoulder up (optional)
& Pop L shoulder up while bringing R shoulder down
8 Pop R shoulder up while bringing L shoulder down

Restart here on 3rd wall - starting the dance at 6:00

[17-24] STEP, SAILOR STEP, REPEAT, ROCK SIDE, RECOVER ¼ TURN L (ends at 3:00)

1 Step R to side - slightly forward
2&3 Step L behind R, Step R (on ball of R) next to L, Step L to side
4 Step R to side - slightly forward
5&6 Step L behind R, Step R (on ball of R) next to L, Step L to side
7,8 Rock R to side, Recover on L turning ¼ left

[17-24] ANCHOR STEP, TRIPLE ½ L, ROCK, RECOVER w/ KNEE POP (ends at 9:00)

1-2 Step R forward, Step L forward
&3,4 Cross R behind L, Step L in place, Step back on R
5&6 Step L to side making a ¼ left, Step R next to L, Step L forward turning ¼ left
7,8 Rock forward on R, Recover weight on L as you pop right knee (or hitch R knee)

Contact: forty.arroyo@gmail.com