

Break It To Me Gently

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Intermediate Rolling 8-Count
編舞者: Larry Bass (USA) - July 2021
音樂: Break It to Me Gently - Juice Newton



This dance was written in December 2020. It was not released until July 2021 because of the Covid Pandemic.

Start on vocals after 16 counts
Restart after 16 counts on wall 5 facing 12:00

ROCK STEP FORWARD, ½ TURN, ½ TURN W/SWEEP, WEAVE, SWAYS, & CROSSOVER ROCK STEP, SIDE, CROSS

1-2 Rock R forward; Recover back to L
a3 Make a ½ turn right & step R forward (6:00), Make a ½ turn right & step L back sweeping R from front to back (12:00)
4&a5 Step R behind L, Step L to left, Step R across L, Step L to left & sway to left
6a7 Sway to right & step to R, Step L beside R, Rock R across L
8&a Recover back to L, Step R to right, Step L across R

STEP SIDE, WEAVE, STEP SIDE, SAILOR STEP, STEP ½ PIVOT, STEP ½ PIVOT, ROCK STEP FORWARD, RECOVER, BACK, TOGETHER

1 Make a long step to right on R
2&a Step L behind R, Step R to right, Step L over R
3 Make a long step to right on R
4&a Step L behind R, Step R to right, Step L to left
5a Step R forward, Pivot ½ turn left to L (6:00)
6a Step R forward, Pivot ½ turn left to L (12:00)
7 Rock R forward
8&a Recover back to L, Step R beside L, Step L forward

(Restart on wall 5)

STEP FORWARD, ¼ TURN & SIDE STEP W/SWEEP, CROSS, BACK, SIDE; FORWARD ROCK STEP, & FULL SPIRAL TURN, FORWARD STEP, STEP ¼ PIVOT

1-2 Step R forward; Pivot ¼ turn left to L (9:00)
a3 Step R beside L, Step L to left while sweeping R over L
4&a Step R across L, Step L back, Step R to right
5-6a Rock L forward; Recover back to R, Step L beside R
7 Cross R over L & unwind full turn left on ball of R (9:00)
8&a Step L forward, Step R forward, Pivot ¼ turn left to L (6:00)

STEP ACROSS, SIDE STEP, SAILOR STEP; WEAVE, SIDE ROCK, CROSS ROCK, SIDE ROCK, BEHIND, SIDE

1 Step R over L
2&a3 Step L to left, Step R behind L, Step L to left, Step R to right diagonal
4&a Step L over R, Step R to right, Step L behind R
5a Rock R to right, Recover left to L
6a Rock R across L, Recover back to L
7-8 Rock R to right, Recover left to L
&a Step R behind L, Step L to left

Begin Again

