

Boogie Fever AB EZPZ

COPPER KNOB
STEPSHEETS

拍數: 32
編舞者: Mitzi Day (USA) - July 2021
音樂: Boogie Fever - The Sylvers

牆數: 2

級數: Advanced Beginner



Dance starts on the word boogie. All straight count.

WALK FORWARD R-L-R-L. R HEEL STEP, L HEEL STEP.

- 1-4 Walk forward right, left, right, left.
5-6 Place right heel forward then replace R foot back to original position.
7-8 Place left heel forward then replace L foot back to original position.

WALK BACK R-L-R-L. R HEEL STEP, L HEEL STEP.

- 1-4 Walk back right, left, right, left.
5-6-7-8 Put R heel forward then replace to original position. Place left heel forward and replace to original position

R SIDE TOUCH L, L SIDE TOUCH R, R SIDE TOUCH L, L SIDE TOUCH R (or change to k step if the class is ready)

- 1-2-3-4- Step right foot to right side, touch left toe to side of right instep, step left foot to left side, touch right toe to left instep.
5-6-7-8- Repeat 1-4.

ROCKING CHAIR, 1/4 TURN LEFT, 1/4 TURN LEFT WITH HIP ROLLS

- 1-2 With weight on left foot step right foot forward and put weight on it then keeping left foot in same place put weight on left foot.
3-4 Keep weight on left foot and step right foot back and put weight on it then replace weight on left foot.

Note: left foot stays in same spot for rocking chair.

- 5-6-7-8 Step right foot forward keeping left foot in same spot, turn 1/4 over left shoulder (9:00) Step right foot forward and turn another 1/4 over left shoulder. (6:00)

Thank you all for encouraging me to type the stepsheet. I love to dance and hate to type. boogie on