

I've Got No Choice

拍數: 48 牆數: 4 級數: Improver / Intermediate
編舞者: Angéline Fourmage (FR) & Maryse Fourmage (FR) - 25 July 2021
音樂: No Choice - Fly By Midnight



Start : On the lyrics

Sequence : A-32-A-16-Tag-A-8-A-A-32-A-A-A-(Final : Vine ¼ R)

[1-8] Figure of 8

1-2 RF to the R side - LF behind RF
3-4 Make ¼ R with RF FW, LF FW
5-6 Make ½ R, Make ¼ R with LF to the L side
7-8 RF behind LF, LF to the L side Restart 3+4

[9-16] Step, Lock, Step, Touch, Step, Lock, Step, Touch

1-2 RF FW, LF behind RF
3-4 RF FW, Touch LF next to RF
5-6 LF FW, RF behind LF
7-8 LF FW, Touch RF next to LF Tag+Restart 2

[17-24] Back, Touch, Back, Touch, Coaster-Step, Stomp-Up, Stomp

1-2 RF Back, Touch LF next to RF
3-4 LF Back, Touch RF next to LF
5&6 RF Back, LF next to RF, RF FW
7-8 L Stomp-Up next to RF, L Stomp next to RF (Weight is on LF)

[25-32] Rock-Step, Side, Hold, Rock-Step, ¼ L, Hold

1-2 Cross RF over LF, Recover to the LF
3-4 RF to the R side, Hold
5-6 Cross LF over RF, Recover to the RF
7-8 Make ¼ L with LF FW, Hold Restart 1

[33-40] ½ L, Step, Hold, ¼ R, Step, Hold

1-2 RF FW, Make ½ L
3-4 RF FW, Hold
5-6 LF FW, Make ¼ R
7-8 LF FW, Hold

[41-48] Point, Walk, Point, Walk, Jazz-Box ¼ R

1-2 Point RF to the R side, RF FW
3-4 Point LF to the L side, LF FW
5-6 Cross RF over LF, LF Back
7-8 Make ¼ R with RF to the R side, Cross LF over RF

Tag : Rolling vine, Touch, Rolling vine, Touch

1-2 Make ¼ R with RF FW, Make ½ R with LF Back
3-4 Make ¼ R with RF to the R side, Touch LF next to RF
5-6 Make ¼ L with LF FW, Make ½ L with RF Back
7-8 Make ¼ L with LF to the L side, Touch RF next to LF

Smile and enjoy the dance

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